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# XORIJIY TIL



Toshkent  
2024

**O'ZBEKISTON RESPUBLIKASI  
OLIY TA'LIM, FAN VA INNOVATSIYALAR VAZIRLIGI  
CHIRCHIQ DAVLAT PEDAGOGIKA UNIVERSITETI**

**N.T.Baltayeva**

# **XORIJIY TIL**

*O'quv qo'llanma*

Toshkent  
«Renesains sari»  
2024

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Ushbu o'quv qo'llanma matnlarda sinonim so'zlar bilan ishlash orqali talabalarning lug'at boyligini oshirish, shuningdek, ingliz tilida erkin muloqot qilishni ta'minlash uchun yaratilgan. Qo'llanma til o'rganishda talabalarning lug'atlarni yodlash ko'nikmasini shakllantirishda matnlar va matnlardagi sinonim so'zlarni o'rganishga qaratilgan mashqlar to'plamidan iborat.

O'quv qo'llanma fakultetlararo chet tili bakalavr yo'nalishi talabalari uchun mo'ljallangan.

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## KIRISH

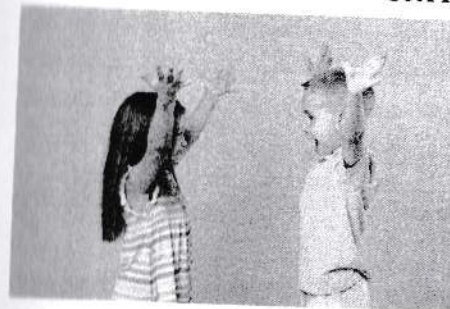
Vazirlar Mahkamasinig, 2022-yil 19-yanvardagi "Xorijiy tillarni o'rganishni takomillashtirish bo'yicha qo'shimcha chora-tadbirlari to'g'risida"gi qarori chiqqan kundan boshlab toki shu kungacha barcha oliy ta'lim muassasalarida chet tillarini o'qitish sistemasini yanada takomillashtirish, yangi davlat ta'lim standartini yaratish, dasturlar ishlab chiqish, ushbu dasturlar asosida darsliklarni yangi avlodlarini yaratish, shu darsliklar asosida bugungi kun talabiga javob beradigan mutaxassislarni tayyorlash vazifasi turadi. Ushbu o'quv-qo'llanmaning maqsadi ingliz tili darslarida talabalarning matnlarda sinonim so'zlarni o'rganish orqali lug'at boyligini oshirish. Ingliz tilini o'rganuvchilarga so'zlarning sinonimlarini o'qitish, ularning so'z boyligini kengayishiga yordam beradi. Bir-biriga o'xshash ma'noga ega bo'lgan bir nechta so'zlarni o'rganish ularning lingvistik repertuarini oshiradi, o'z fikrlarini yanada aniq va ijodiy ifodalash imkonini beradi. Sinonimlarni o'rganish orqali talabalar tilning nozik tomonlarini o'rganish imkoniyatiga ega bo'ladilar. Sinonimlar orasidagi nozik farqlarni tushunib, talabalar ingliz tilining boyligi va murakkabligiga amin bo'ladilar va natijada ularning nutqlarining ravonligi va tilni o'zlashtirish ko'nikmalari takomillashadi. So'zlarning sinonimlarini o'rganishi talablarga murakkat matnlarni tushunish imkonini beradi. Talabalar matnlarda notanish so'zlarga duch kelganda, ushbu so'zlarning sinonimlarni bilishi, ularga kontekstdan ma'no chiqarishga yordam beradi va shu bilan birga ingliz tilidagi materiallarni tushunish malakasini rivojlantiradi. Ushbu o'quv-qo'llanma talabalarni tur xil matnlar to'plami va ushbu matnlar asosida sinonim so'zlar bilan ishlaydigan mashqlar bilan ta'minlaydi va ulardan so'zlarni kontekstda tahlil qilishni va ularning nozik ma'no soyalarini hisobga olishini talab qiladi. Bu talabalarda tanqidiy fikrlash qobiliyatlarini rivojlantiradi, chunki ular muloqotda turli xil so'zlarni tanlashning maqsadga muvofiqligi va ta'sirini baholaydilar.



## INTRODUCTION

From the date of the decision of the Cabinet of Ministers, on January 19, 2022, "On additional measures to improve the study of foreign languages" until now, the system of teaching foreign languages in all higher education institutions has been further improved, creation of a new education standard, development of programs, creation of new generations of textbooks based on these programs, and preparation of specialists who meet today's requirements based on these study guides. The purpose of this study guide is to increase students' vocabulary in English lessons by learning synonyms in texts. Teaching synonyms to English learners help them expand their vocabulary. Learning several words with similar meanings increase their linguistic repertoire, allowing them to express their thoughts more clearly and creatively. By studying synonyms, students will have the opportunity to learn the finer points of the language. By understanding the subtle differences between synonyms, students become aware of the richness and complexity of the English language, and as a result, their fluency and language acquisition skills improve. Learning the synonyms of words allows students to understand complex texts. When students encounter unfamiliar words in texts, knowing the synonyms of these words can help them extract meaning from the context and at the same time develop their English language comprehension skills. This study guide provides students with a variety of text sets and synonym exercises based on these texts, and requires them to analyze words in context and consider their subtle shades of meaning. It develops students' critical thinking skills as they evaluate the appropriateness and impact of different word choices in communication.

## UNIT 1



*First meetings*

Tom and Lily were at the park. Tom saw a new friend, Sam. Sam smiled at Tom. Tom smiled back. It was their first meeting. Sam said, "Hi, I am Sam!" Tom said, "Hi, I am Tom!" They shook hands. It was a friendly introduction. Tom felt happy to make a new friend. He felt welcome.

*Key words:* park, friend, smiled, meeting, said, shook hands, introduction, happy.

**1. Synonym mapping activity. Match each key word with its synonyms from the list.**

Park	Encounter, rendezvous, gathering
Friend	Playground, green space, recreational area
Smiled	Meeting, encounter, greeting
Meeting	Companion, buddy, pal
Said	Grinned, beamed, smirked
Shook hands	Joyful, delighted, pleased
Introduction	Stated, uttered, expressed
Happy	Handshake, greeted warmly

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

**1.1. Create new sentences using the synonyms to understand their context and connotation.**

Playground \_\_\_\_\_  
Companion \_\_\_\_\_

Beamed \_\_\_\_\_  
 Encounter \_\_\_\_\_  
 Stated \_\_\_\_\_  
 Greeted warmly \_\_\_\_\_  
 Greeting \_\_\_\_\_  
 Joyful \_\_\_\_\_  
 Embraced \_\_\_\_\_

1.2. Discuss any differences in meaning or usage between the original word and its synonyms.

1.3. Share and review your sentences with classmates to see various ways the synonyms can be used.

2. Read the text and find the synonyms for the underlined words.

- A. \_\_\_\_\_ encounter, start.  
 B. \_\_\_\_\_ beginning, greeting, finish.  
 C. \_\_\_\_\_ bye, greeting, go.

*Discussion: Discuss your answers with a partner. Why did you choose those synonyms?*

### 3. Discuss the questions with the group.

Where were Tom and Lily when they met Sam?

Who did Tom see at the park?

How did Sam greet Tom?

What did Tom say in response to Sam's greeting?

How did Tom feel after meeting Sam?

What did Tom and Sam do after introducing themselves?

How would you describe the atmosphere of the encounter between Tom and Sam?

Can you find a word in the text that means the same as "first meeting"?

What emotion did Tom feel when he shook hands with Sam?

What did Tom feel happy in the end?

## UNIT 2



### Questions

#### Where are you from?

When people meet for the first time, they often ask, "Where are you from?" This question helps them learn more about each other's backgrounds. For example, someone might say, "I am from a small town in the mountains", or "I come from a big city near the ocean". It's a friendly way to start a conversation and discover new places and cultures. So, where are you from?

*Key words:* meet, ask, learn, background, for example, small, town, mountains, big, city, near, ocean, friendly.

#### 1. Synonym mapping activity. Match each key word with its synonyms from the list.

Meet	Inquire, query, seek information
Ask	Little, tiny, miniature
Learn	Hills, peaks, ranges
Backgrounds	Histories, origins, pasts
For example	Large, huge, enormous
Small	Encounter, connect, come across
Town	Village, community, settlement
Mountains	Discover, understand, acquire knowledge
Big	For instance, such as, to illustrate
City	Amiable, affable, congenial



Near Metropolis, urban center, municipality  
Ocean Sea, deep, blue  
Friendly Close to, nearby, adjacent to

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

**1.1. Create new sentences using the synonyms to understand their context and connotation.**

Encounter \_\_\_\_\_  
Inquire \_\_\_\_\_  
Discover \_\_\_\_\_  
Origins \_\_\_\_\_  
For instance \_\_\_\_\_  
Tiny \_\_\_\_\_  
Hills \_\_\_\_\_  
Large \_\_\_\_\_  
Urban \_\_\_\_\_  
Adjacent to \_\_\_\_\_  
Sea \_\_\_\_\_  
Amiable \_\_\_\_\_

**1.2. Discuss any differences in meaning or usage between the original word and its synonyms.**

**1.3. Share and review your sentences with classmates to see various ways the synonyms can be used.**

**2. Read the text and find the synonyms for the underlined words.**

- A. \_\_\_\_\_ start, encounter, finish.  
B. \_\_\_\_\_ origins, large, small.  
C. \_\_\_\_\_ large, sea, hills.

### **3. Discuss the questions with the group.**

What question do people often ask when they meet for the first time?

Why do people ask, "Where are you from?" when they meet someone new?

What are two examples of how someone might answer the question, "Where are you from?"

How does asking "Where are you from?" help start a conversation?

What can people learn about each other by asking "Where are you from?"

What does it mean when the text says it is a "friendly way to start a conversation?"

Can you share an example of where you are from and why it is special to you?

What different places have you discovered through conversations about where people are from?

How can learning about someone's background help you understand them better?

Why do you think knowing where someone is from can help you learn about new cultures?



### UNIT 3



*People and possessions*

#### ***My Pet Dog***

I have a pet dog. His name is Buddy. Buddy is a small dog with soft fur. He has floppy ears and a wagging tail. Buddy likes to play fetch with a ball in the park. He also enjoys going for walks with me. Sometimes, he sleeps at the foot of my bed. I love my pet dog very much.

*Key words:* pet, dog, small, soft, floppy, wagging, play, fetch, enjoy, walk, sleep, love.

**1.Synonym mapping activity. Match each key word with its synonyms from the list.**

Pet	tiny, little
Dog	like, relish
Small	frolic, engage
Soft	silky, fluffy
Floppy	loose, dangling
Wagging	swishing, flicking
Play	animal, companion
Fetch	canine, pup
Enjoy	retrieve, collect Walk-stroll, amble
Sleep	adore, cherish
Love	rest, slumber

**1.1.Rewrite the original text using some of the synonyms provided.**

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**1.2.Discuss how the synonyms change the nuance or feel of the text.**

**1.3.Identify any synonyms that don't fit as well as the original words and discuss why.**

**2.Fill in the blanks with synonyms from the word bank.**

Buddy is a \_\_\_\_\_ dog with \_\_\_\_\_ fur.

*Word Bank: little, fluffy, cozy, smooth*

**3.Rewrite the sentences using a synonym for the underlined word.**

*Example:*

*Original: Buddy likes to play fetch with a ball in the park.*

*Rewritten: Buddy enjoys playing fetch with a ball in the park.*

• Buddy is a small dog with soft fur.

• He also enjoys going for walks with me.

**4.Find the synonyms of the given words in the word search puzzle.**

Words: Happy, run, big, sleepy

Synonyms: joyful, jog, large, tired

**5. Discuss the questions with the group.**

- What is the title of the text?  
Who is the narrator's pet?  
What is the name of the pet dog?  
How would you describe Buddy's size?  
What kind of ears does Buddy have?  
What does Buddy like to do in the park?  
Besides playing fetch, what else does Buddy enjoy?  
Where does Buddy sometimes sleep?  
How does the narrator feel about their pet dog?  
Can you summarize what the text is about in one sentence?

**UNIT 4**



*My life*

I grew up in a small town where life was all about hard work and helping each other out. Every morning, I'd help on our family farm, taking care of plants and animals. Evenings were for homework, trying to learn as much as I could. No matter what came our way, there was always something to be happy about - laughing with friends, eating good food with family, or just enjoying nature.

As I got older, I realized that these simple things were what made life great. Now, I'm focused on trying new things and making the most of every opportunity. Even though life can be tricky sometimes, I know that if I keep learning and appreciating the little moments, I'll be just fine.

*Key words: small, hard work, helping each other, happy, great, focus on, tricky, homework, plants and animal.*

**1. Replace underlined word with its synonym.**

- I grew up in a small town where life was all about hard work and helping each other out.
- I grew up in a small town where life was all about hard work and helping each other out.
- I grew up in a small town where life was all about hard work and helping each other out.
- I grew up in a small town where life was all about hard work and helping each other out.
- Every morning, I'd help on our family farm, taking care of



plants and animals.

- Evenings were for homework, trying to learn as much as I could.
- No matter what came our way, there was always something to be happy about.
- As I got older, I realized that these simple things were what made life great.
- Now, I'm focused on trying new things and making the most of every opportunity.
- Even though life can be tricky sometimes, I know that if I keep learning and appreciating the little moments, I'll be just fine.

was raised, little, challenging, joyful, schoolwork, wonderful, concentrate on, flora and fauna, effort, assisting one another.

**2.Synonym mapping activity. Match each key word with its synonyms from the list.**

Small	Joyful
Hard work	Wonderful
Helping each other out	Assisting one another
Plants and animals	Schoolwork
Homework	Challenging
Happy	Concentrated on
Great	Little
Focused on	Effort
Tricky	Flora and fauna

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

**3.Fill in the gaps with synonyms from the word bank.**

Word bank: tiny, challenging, joyful, concentrated, marvelous, concentrated.

- I grew up in a \_\_\_\_ town where life was all about hard work and helping each other out.

• No matter what came our way, there was always something to be \_\_\_\_ about - laughing with friends, eating good food with family, or just enjoying nature.

• As I got older, I realized that these simple things were what made life \_\_\_\_.

• Now, I'm \_\_\_\_ on trying new things and making the most of every opportunity.

• Even though life can be \_\_\_\_ sometimes, I know that if I keep learning and appreciating the little moments, I'll be just fine.

**4.Discuss the questions with the group.**

What was your favorite thing about growing up?

Who were your closest friends when you were younger?

Did you have any pets as a child? What were they like?

What was your favorite subject in school?

What was your favorite game to play as a child?

Did you have any special traditions with your family?

What was the best vacation you went on as a child?

Did you have any role models when you were younger?

What was your favorite food when you were a kid?

What was your dream job when you were little?



## UNIT 5



*Style and design*

Style and design are like magic! They take ordinary things and make them super special. Imagine your room without any cool posters or your favorite clothes. Boring, right? That's where style comes in. It's all about showing off who you are. Maybe you like bright colors or funky patterns. That's your style!

And design? It's like the blueprint for coolness. It's how things are arranged to look awesome and work well. Think about your favorite toy or gadget. Someone had to design it to make it look cool and easy to use. Put style and design together, and you've got a recipe for fun! They make everything more exciting, from your room to your clothes. So go ahead, show the world your style and make it a cooler place!

### 1.Fill in the gaps with synonyms from the word bank.

*Word Bank: enchantment, displaying, plan, extraordinary, thrilling, awesome.*

- Style and design are like \_\_\_\_!
- They take ordinary things and make them \_\_\_\_.
- Imagine your room without any \_\_\_\_ posters or your

favorite clothes.

- It's all about \_\_\_\_ who you are.
- It's like the \_\_\_\_ for coolness.
- They make everything more \_\_\_\_, from your room to your clothes.

### 2.Synonym mapping. Match the synonyms.

Magic	Formula for enjoyment
Super special	Awesome
Cool	Dull
Showing off	Thrilling
Blueprint	Enjoyable
Exciting	Plan
Fun	Enchantment
Boring	Displaying
Recipe for fun	Extraordinary

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 3.Make sentences with the given synonyms.

Displaying \_\_\_\_\_

Plan \_\_\_\_\_

Enjoyable \_\_\_\_\_

Enchantment \_\_\_\_\_

Stylishness \_\_\_\_\_

Thrilling \_\_\_\_\_

Awesome \_\_\_\_\_

#### 4. Discuss the questions with the group.

What are style and design like, according to the text?

Why is style important, according to the text?

Why does the text compare style and design to magic?

Can you think of something in your room that has a cool design?

How does the text suggest you should show off your style?

What does the text mean by "the plan for coolness"?

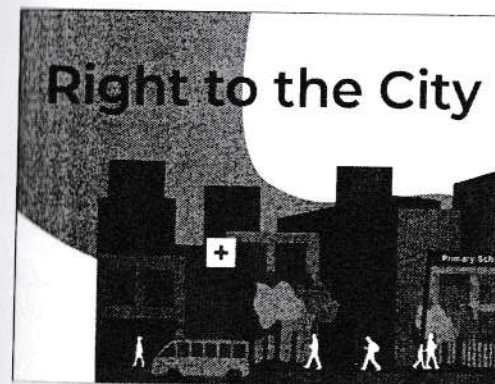
Can you think of a way to make your room more exciting with style and design?

How does the text make you feel about style and design?

Do you think style and design make things more fun? Why or why not?

How can you use what you learned from the text to make your clothes or room cooler?

## UNIT 6



### *Places and facilities*

Places are like big adventures. Some places are cities, with tall buildings and lots of people. You can hear voices and see busy streets. At night, there are bright lights, and you can visit markets, cozy cafes, and parks. Other places are quieter, like the countryside. There, you find open spaces with grass and small towns. Nature is the best part, with hills, rivers, and forests to explore. Then, there are amazing places all over the world. They could be old buildings or beautiful natural sights. They show us how incredible our planet is. Every place we visit teaches us new things. Whether it's a city or the countryside, each has its own story waiting to be discovered.

#### 1. Synonym mapping activity. Match each word with its synonyms from the list.

City	greenery, vegetation
Tall buildings	crowds, throngs
Lots of people	woodlands, groves
Busy streets	quaint villages, rural communities
Open spaces	slopes, elevations
Grass	vast expanses, wide areas
Small towns	bustling roads, lively thoroughfares
Hills	urban area, metropolis



Rivers	astonishing, remarkable
Forests	skyscrapers, high-rise structures
Amazing	breathtaking, awe-inspiring
Incredible	streams, waterways

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

## 2.Fill in the gaps with synonyms from the word bank.

Word Bank: forests, small towns, incredible, hills, cities, open spaces, nature, amazing, urban areas, rivers, city, tall, lots, grass, countryside.

- Some \_\_\_\_\_ are \_\_\_\_\_, with \_\_\_\_\_ buildings and \_\_\_\_\_ of people.
- Other places are quieter, like the \_\_\_\_\_.
- There, you find \_\_\_\_\_ with \_\_\_\_\_ and \_\_\_\_\_.
- \_\_\_\_\_ is the best part, with \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ to explore.
- Then, there are \_\_\_\_\_ places all over the world.
- They could be old buildings or beautiful natural sights. They show us how \_\_\_\_\_ our planet is.
- Every place we visit teaches us new things. Whether it's a \_\_\_\_\_ or the countryside, each has its own story waiting to be discovered.

## 3.Make sentences with the given synonyms.

Urban area \_\_\_\_\_  
 Crowds \_\_\_\_\_  
 Bustling roads \_\_\_\_\_  
 Waterways \_\_\_\_\_  
 Remarkable \_\_\_\_\_

## 4.Discuss the questions with the group.

What makes cities different from the countryside?  
 How does nature play a role in the countryside?

Can you think of a place you've visited that was full of people and excitement, like a city?

What are some things you might see in a village or small town?

Have you ever seen a tall building? What was it like?

What do you like to do when you're outside and surrounded by greenery?

Do you know any famous landmarks from movies or cartoons?

Have you ever been to a place that felt special or magical? What was it like?

Why do you think it's important to learn about different places?

What's your favorite thing about going on adventures and exploring new places?



## UNIT 7



### Skills and interests

Everyone is good at something and has things they enjoy doing. Skills are things we are good at because we have practiced them, like talking to others or solving problems. Interests are things we really like, like playing sports or drawing pictures. Some common skills are: Talking: Saying what we think and feel clearly. Fixing problems: Figuring out how to solve tricky things. Keeping things in order: Using time and tools to get stuff done. Using tools: Knowing how to work with machines or computers. Leading: Helping others work together as a team. Interests can be all sorts of things: Playing sports like soccer or basketball. Making art like paintings or drawings. Playing music or listening to different kinds of songs. Exploring nature by going hiking or camping. Playing with new gadgets or learning about computers.

When we use our skills and do what we like, it can make life more fun. It might help us find cool hobbies, do well at school or work, and have lots of cool adventures. So, it is great to keep learning and doing what we love.

### 1.Synonym mapping. Match the synonyms.

Conversing	Using tools
Resolving issues	Speaking
Organizing	Leading

Utilizing equipment      Problem-solving

Guiding      Keeping things in order

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Match synonym with its definition.

Guiding      Saying what we think and feel clearly.

Utilizing      Figuring out how to work through tricky things.

Expressing      Using time and tools to keep everything in order.

Solving      Knowing how to work with machines or computers.

Organizing      Helping others collaborate and work together as a team.

### 3.Make sentences with the given synonyms.

Solving \_\_\_\_\_

Organizing \_\_\_\_\_

Expressing \_\_\_\_\_

Guiding \_\_\_\_\_

### 4.Discuss the questions with the group.

What's something you're really good at doing? How did you get good at it?

Can you think of a time when your problem-solving skills helped you out of a tough situation?

Do you have a favorite activity that helps you relax and unwind?

Have you ever taught someone else how to do something you're skilled at? What was it?

What's one tool or gadget you enjoy using the most, and why?

If you could learn any new skill or hobby right now, what would it be?

What's your favorite thing to do outdoors, and why does it make you happy?

Have you ever been in charge of a group project or activity? How did you lead the team?

Describe a piece of art or music that really speaks to you. What do you like about it?

How do your skills and interests help you in your everyday life?

## UNIT 8



*Our past*

Back in the olden days, there were not any super cool phones or computers like we have now. Instead of sending quick messages, people wrote letters to each other and actually went to visit friends and family face-to-face. Cars were much simpler, and the roads were much quieter without all the traffic. Kids spent most of their time playing outside until it got dark, and families gathered around the radio in the evenings for entertainment. Life moved at a slower pace back then, but there was a special kind of happiness in those simple moments.

### 1.Synonym mapping. Match synonyms.

back in the olden days	automobiles were less complex
super cool	streets were calmer or less noisy
phones or computers	in the past gadgets or devices
sending quick messages	things were more leisurely
wrote letters	penned or composed letters
visit friends and family face-to-face	personally meet or
see loved ones	
cars were much simpler	awesome
the roads were much quieter	in the past
playing outside	unique joy or happiness



families gathered around the radio households assembled by the radio

life moved at a slower pace frolicking outdoors  
special kind of happiness texting or messaging

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Fill in the gaps with synonyms in exercise 1.

\_\_\_\_\_, there weren't any super cool phones or computers like we have now.

Instead of sending quick messages, people wrote letters to each other and actually went to \_\_\_\_\_.

Cars were much simpler, and the \_\_\_\_\_ without all the traffic.

### 3.Make sentences with the given synonyms.

In the past \_\_\_\_\_

Playing outside \_\_\_\_\_

Awesome \_\_\_\_\_

Wrote letters \_\_\_\_\_

### 4.Discuss the questions with the group.

How did people talk to each other before phones and computers?

What's good and bad about writing letters versus sending quick messages?

What was it like when cars were simpler and roads were quieter?

What did kids do outside before smartphones and video games?

How did families have fun before TVs and streaming?

How was life different when things were slower?

Are there any old-timey things you'd like to try today?

How did people keep in touch with faraway friends before phones?

What modern stuff do you think old-time people would like?

What problems might people have had when tech wasn't as good?



## UNIT 9



### Unusual stories

Once in a little town, there was a cat named Whiskers who could talk! People were so surprised. Soon, everyone knew about Whiskers and how special he was. He became really famous, with folks coming from nearby towns just to hear him chat. Whiskers was a funny cat. He loved telling jokes and sharing stories he claimed he heard from the birds. People loved listening to him and even asked him for advice on all sorts of things like gardening and love. But Whiskers had a secret. He wasn't always a cat. Nope, he used to be a wizard! But a spell went wrong, and he got turned into a cat. Now, he talked to try and find someone who could turn him back into a wizard. So, while everyone enjoyed Whiskers' company, he was secretly on a mission to become a wizard again. Until then, he kept everyone entertained with his clever jokes and tales.

#### 1. Synonym mapping. Match synonym words.

Pussy	Unique
Special	Amusing
Famous	Cat
Chat	Guidance
Funny	Tales
Jokes	Talk

Stories  
Advice  
Secret  
Mission

Humor  
Well-known  
Quest  
Hidden

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

#### 2. Replace underlined word with its synonym in exercise 1.

Once in a little town, there was a cat named Whiskers who could talk.

He became really famous, with folks coming from nearby towns just to hear him chat.

He loved telling jokes and sharing stories he claimed he heard from the birds.

But Whiskers had a secret.

#### 4. Discuss the questions with the group.

What's something that always makes you smile?

If you could have any superpower, what would it be and why?

What's your favorite thing to do on a lazy Sunday morning?

Do you prefer summer or winter, and why?

If you could visit any place in the world, where would you go?

What's your go-to comfort food?

What's the last book you read, and did you enjoy it?

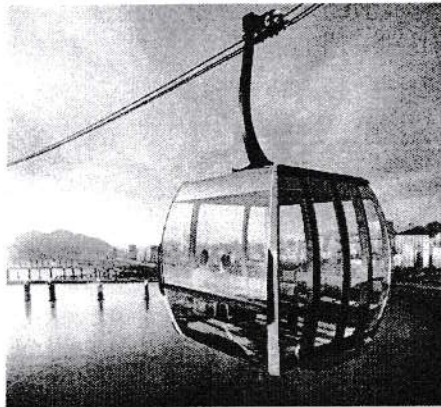
If you could learn any new skill overnight, what would it be?

What's a hobby you've always wanted to try but haven't yet?

If you could have dinner with any historical figure, who would it be and why?



## UNIT 10



*Places and project*

### **Exploring New Places**

Going to new places is like opening a door to lots of new things. The air feels different, like something exciting is about to happen. Every new place has something cool to find. Walking around, you see all kinds of new stuff. Maybe it's a cute café in a quiet spot, or a busy market full of fun things to look at. Finding new stuff makes you happy. Meeting new people makes the adventure even better. Every person has their own story, like pages in a book. Talking to them is fun and you learn new things. And then there's nature, with its amazing sights. Big mountains, calm lakes – it's all so beautiful and makes you feel amazed. Exploring feels like time slows down, letting you really enjoy everything. And even when you leave, you take with you memories that make you smile. In the end, it's not just about the places you go, but the fun and memories you make along the way.

#### **1.Synonym mapping. Match synonym words.**

Exploring	Discovering things
Going	Things you remember
Walking around	Making friends
Meeting new people	Being surprised

Finding new stuff  
Talking to them  
Seeing  
Feeling amazed  
Slows down  
Memories

Finding  
Moving  
Chatting with them  
Trying  
Looking  
Goes slower

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

#### **2.Fill in the gaps with synonyms from the word bank.**

*Word Bank: experiencing, vibrant, encountering, breathtaking, discovering, delightful, fascinating, landscapes, thrilling.*

Going to new places is like \_\_\_\_\_ a door to lots of new things. The air feels different, like something exciting is about to happen. Every new place has something cool to find.

Walking around, you see all kinds of new stuff. Maybe it's a cute café in a quiet spot, or a busy market full of fun things to look at. \_\_\_\_\_ new stuff makes you happy.

\_\_\_\_\_ new people makes the adventure even better. Every person has their own story, like pages in a book. Talking to them is fun and you learn new things.

And then there's nature, with its \_\_\_\_\_ sights. Big mountains, calm lakes – it's all so beautiful and makes you feel amazed.

\_\_\_\_\_ feels like time slows down, letting you really enjoy everything. And even when you leave, you take with you memories that make you smile.

In the end, it's not just about the places you go, but the fun and memories you make along the way.

#### **4.Discuss the questions with the group.**

Have you ever been to a new place that made you really excited? What was it like?



Why do you think going to new places is fun?

What do you want to find when you walk around a new city or town?

Is it important to make new friends when you go somewhere new? Why?

Can you remember meeting someone cool when you went somewhere different?

What do you like to do when you explore nature in a new place?

Do you think going to new places helps you understand yourself better? Why?

Why do you think remembering things from trips is so nice?

Did you ever have a moment when time felt really slow on a trip? What was happening?

What makes a place really special to you?

## UNIT 11



*Your world*

The world is a big place where many people and animals live. It's like a giant puzzle made up of continents, oceans, and countries. Some parts are hot and sunny, while others are cold and snowy. People speak different languages and have unique cultures, but we're all connected in some way. There are big cities with tall buildings and busy streets, and there are also quiet villages with cozy houses. Nature is everywhere, from lush forests to vast deserts. Animals roam the land, swim in the seas, and fly in the sky. People work, play, and learn together. We invent things like cars, phones, and computers to make life easier. We also have schools where children go to learn about the world and grow up to become doctors, teachers, or whatever they dream of. Sometimes there are challenges, like natural disasters or conflicts between countries, but people try to help each other and make the world a better place. Overall, our world is a diverse and fascinating place full of opportunities and adventures.

### 1. Synonym mapping. Match synonym words.

big

animals

communicate

wander

giant	large
speak	enormous
unique	distinct
busy	creatures
quiet	all over
everywhere	obstacles
roam	peaceful
challenges	bustling

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### **2. Make sentences with the given synonyms.**

Everywhere \_\_\_\_\_

Quiet \_\_\_\_\_

Busy \_\_\_\_\_

Speak \_\_\_\_\_

Challenge \_\_\_\_\_

### **3. Discuss the questions with the group.**

What do you think makes the world such a diverse and interesting place?

Can you name some different types of environments found around the world, from hot deserts to icy tundras?

How do you think people in different parts of the world adapt to their unique climates and surroundings?

What are some examples of ways people communicating across language barriers?

What do you imagine life is like in a bustling city compared to a quiet village?

Can you think of any animals that are uniquely adapted to specific environments, such as the camel in the desert or the polar bear in the Arctic?

Why do you think it's important for people to work together, despite their differences?

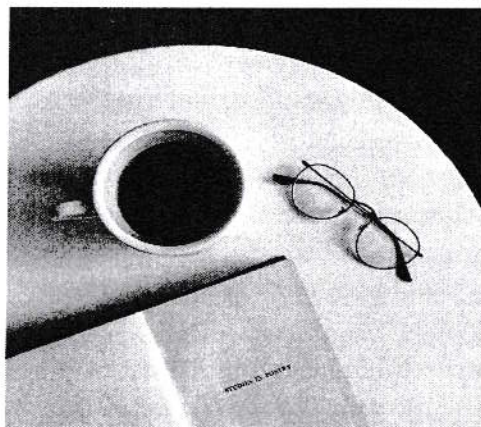
Have you ever experienced or learned about a natural disaster? How do you think communities can prepare for and respond to them?

What are some ways technology has changed the world and how people live their lives?

How do schools play a role in shaping the future of our world?



## UNIT 12



*My day*

Today was full of things to do. I woke up when the sun came through my window, telling me it was time to start the day. I ate a big breakfast to give me energy for what was ahead. At work, I had some tough stuff to deal with, but I managed to handle it all. For lunch, I went to the park to take a break. It was really peaceful there, and it made me feel good. Later, it started raining out of nowhere. I didn't mind, though. It was kind of nice, actually. When work was finally over, I felt both happy and tired. But when I got home, I relaxed with a good book and a warm cup of tea. It was the perfect way to end a busy day. Looking back, today had a bit of everything – work, peace in the park, unexpected rain, and cozy time at home. Even though it was busy, I'm grateful for all the different experiences it brought.

### 1.Synonym mapping. Match synonym words.

Woke up	hectic
Eat	positive
Tough	pause
Deal with	content
Take a break	arose

Peaceful	consume
Good	challenging
Start	pleasant
Nice	exhausted
Happy	commence
Tired	appreciative
Busy	handle
Cozy	comfortable
Grateful	tranquil

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Replace underlined word with its synonym in exercise 1.

I woke up when the sun came through my window, telling me it was time to start the day.

I ate a big breakfast to give me energy for what was ahead. It was kind of nice, actually.

I relaxed with a good book and a warm cup of tea.

It was the perfect way to end a busy day.

### 3.Discuss the questions with the group.

How did the day start for the person in the text?

What did they do to prepare for the day ahead?

What did the person have to deal with at work?

Where did they go for lunch, and how did they feel there?

What happened later in the day that was unexpected?

How did the person feel about the rain?

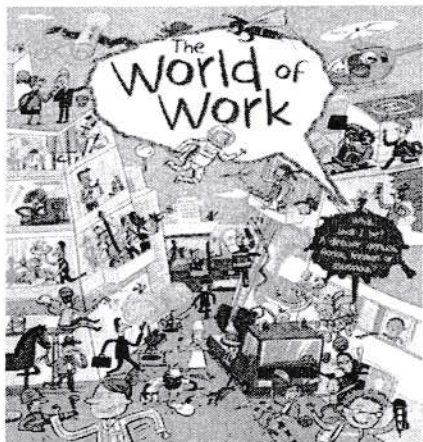
How did the person feel when work was over?

What did they do when they got home?

What different experiences did the person have throughout the day?

How did the person feel overall about their day?

## UNIT 13



*The world of work*

In the world of work, it's like being part of a busy city. Everywhere you look, people are doing different jobs, each important in its own way. Some work in offices buzzing with activity, while others are in quiet factories, all contributing to getting things done. Here, teamwork is key. People work together, using their skills to solve problems and make things better. Whether they're wearing suits or overalls, everyone brings something valuable to the table. But it's not all smooth sailing. There are challenges, like tough competition and tight deadlines. Balancing work and personal life can be tricky too. Yet, there's always room for growth and success if you're willing to put in the effort. Each day brings new opportunities to learn and improve. It's a place where passion and hard work meet, shaping the world around us one step at a time.

### 1.Synonym mapping. Match synonyms.

Busy	necessary
Job	work
Important	lively
Buzzing	cooperation
Teamwork	difficulties

Skill	active
Solve	fix
Challenges	ability
Balancing	chances
Growth	managing
Success	achievement
Effort	try
Opportunities	progress

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Replace underlined word with its synonym in exercise 1.

In the world of work, it's like being part of a busy city.

Everywhere you look, people are doing different jobs, each important in its own way.

Some work in offices buzzing with activity, while others are in quiet factories, all contributing to getting things done.

There are challenges, like tough competition and tight deadlines.

There's always room for growth and success if you're willing to put in the effort.

Each day brings new opportunities to learn and improve.

### 3.Match word with its definition.

- 1) Buzzing
- 2) Jobs
- 3) Solve
- 4) Busy
- 5) Teamwork
- 6) Skills
- 7) Important
- 8) Challenges
- 9) Success



10) Opportunities

11) Balancing

12) Growth

A. Engaged in activity; having a lot to do.

B. Tasks or activities that one is employed to perform.

C. Difficulties or obstacles that require effort to overcome.

D. The achievement of a desired outcome or goal.

E. Favorable circumstances or situations that present possibilities for advancement or success.

F. The process of developing or increasing in size, number, or complexity.

G. Managing or maintaining stability between different aspects or priorities.

H. Vibrating with activity or excitement; full of energy.

I. To find an answer, explanation, or solution to a problem or mystery.

J. The collaborative effort of a group to achieve a common goal.

K. Abilities or competencies gained through training or experience.

#### **4. Discuss the questions with the group.**

What do you like doing for work?

Have you ever had a tough time at work? What did you do about it?

When you have lots of things to do at work, how do you decide which to do first?

Can you talk about a time when you had to work with others to finish a job?

What skills do you think are really important for your job?

How do you make sure you have enough time for both work and fun?

Have you ever had to learn new things for a job? How did you manage?

What makes you want to do your best at work?

Do you have any big dreams for your job in the future? How are you getting there?

What's something cool you've learned at work recently?

## UNIT 14



Places and things

The Grand Canyon is a huge, amazing hole in the ground in Arizona, USA. It was made by a river called the Colorado over lots and lots of years. It's super long, like 277 miles, and really deep, more than a mile down! The rocks in the canyon are all different colors and look really cool. People love to visit and look at it. You can walk along the edge and see it from high up, or even ride a mule down inside! It's a great place for taking pictures and going on adventures, like rafting in the river. The Grand Canyon is a special place that everyone should see!

### 1. Synonym mapping. Match synonym words.

Huge	stream
Amazing	impressive
Ground	create
Make	earth
River	enormous
Long	travel
Deep	profound
Rocks	stones
Cool	lengthy
Walk	inner part
Journey	breathtaking
Mule	unique

Inside

stroll

Great

donkey, pack animal

Special

fantastic

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Replace underlined word with its synonym in exercise 1.

The Grand Canyon is a huge, amazing hole in the ground in Arizona, USA.

It was made by a river called the Colorado over lots and lots of years.

It's super long, like 277 miles, and really deep, more than a mile down!

You can walk along the edge and see it from high up, or even ride a mule down inside!

### 3. Discuss questions with the group.

What is the Grand Canyon?

How was the Grand Canyon formed?

Where is the Grand Canyon located?

How long is the Grand Canyon?

How deep is the Grand Canyon?

What makes the rocks in the Grand Canyon look cool?

What activities can you do at the Grand Canyon?

Why do people love to visit the Grand Canyon?

Have you ever visited the Grand Canyon? If yes, what was your experience like?

Why do you think the Grand Canyon is considered a special place?



## UNIT 15



*Clothes and shopping*

Clothes are like our second skin, showing off our style and how we're feeling. They're pretty amazing because they can tell people a lot about us, even if we don't say a word. When we go shopping for clothes, it's like going on a fun adventure. It's kind of like searching for hidden treasures, where the best prize is finding clothes that we really love. Whether we're wandering around a busy store, touching the fabrics to see how they feel, or looking at tons of options online, there's something super exciting about finding that perfect outfit. Each piece of clothing we pick out has its own story. It could be a cozy hoodie that reminds us of lazy days, or a fancy dress that makes us feel like we're on top of the world. Every item we add to our wardrobe adds a little something special to our style. From simple t-shirts to fancy dresses, the clothes we choose show off who we are and what we love. They're like little snapshots of our favorite moments and the things we dream about. Our clothes help show the world who we are and how we want to be seen. So, let's enjoy shopping for clothes! It's not just about finding stuff to wear, it's about showing off who we are and feeling awesome while doing it. Let's have fun picking out clothes that make us feel great, because life's too short for boring outfits!

### 1. Synonym mapping. Match synonym words.

Clothes	trend
Style	awesome
Feeling	say
Amazing	outfits
Tell	trip
Shopping	like
Adventure	emotion
Love	buying
Wandering	tale
Fabrics	dull
Exciting	snug
Story	materials
Cozy	thrilling
Show	display
Boring	strolling

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Replace underlined word with its synonym in exercise 1.

Clothes are like our second skin, showing off our style and how we're feeling.

They're pretty amazing because they can tell people a lot about us.

When we go shopping for clothes, it's like going on a fun adventure.

Life's too short for boring outfits.

### 3. Discuss question with the group.

What does the phrase "clothes are like our second skin" mean to you?

How do you feel when you find clothes that you really love?

Have you ever experienced the thrill of finding the perfect

outfit while shopping?

Can you think of a piece of clothing you own that has a special story or memory attached to it?

How do you think your clothes reflect your personality?

Do you prefer shopping in physical stores or online? Why?

What factors do you consider when choosing clothes to buy?

Are there any particular trends in fashion that you're currently drawn to?

How important is comfort versus style when selecting clothes for yourself?

What do you think your favorite outfit says about you?

## UNIT 16



*The past*

The past refers to everything that has already happened before the present moment. It's like looking back at old photos or reading a history book to learn about what happened before today. Think of the past as a big timeline. It's made up of all the events, moments, and actions that occurred in the world, whether it's yesterday, last year, or even thousands of years ago. People study the past to understand how things used to be, why certain events happened, and how they shaped the world we live in today. For example, learning about ancient civilizations like the Egyptians or the Romans helps us understand how societies evolved over time. We can learn from the past to make better decisions in the present and future. It's like using lessons from the past to guide us in our lives today. So, whether it's looking at old family photos, reading about historical events, or listening to stories from older generations, the past is all around us, waiting to be explored and understood.

### **1.Synonym mapping. Match synonym words.**

Happen	Explore
Learn	Learn about
Action	Realize



Study	Lead
Understand	Activity
Guide	Occur
Explore	Check out

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

## **2.Match word with its definition.**

- A. Past
- B. Happen
- C. Learn
- D. Event
- E. Action
- F. Study
- G. Understand
- H. Shaped
- I. Evolved
- J. Lessons
- K. Guide
- L. Explored

- 1) The time that has already happened before the present; earlier times or old days.
- 2) To occur; to take place; to have occurred or taken place.
- 3) To investigate or examine thoroughly; to look into or find out about.
- 4) Things to be learned or teachings; messages or insights derived from experiences.
- 5) To develop gradually over time; to change or grow; to have changed over time, grown, or developed.
- 6) To give form or character to; to change or influence the development of something; to have changed, formed, or made.
- 7) To acquire knowledge or skill through experience, study, or being taught; to find out, figure out, or pick up information.
- 8) To examine closely or carefully; to learn about or look

into.

9) Thing that have happened or occurrences; incidents or happenings.

10) To lead or show the way; to help or assist in achieving something; to show, lead, or help.

11) Things that are done or deeds; activities or behaviors.

12) To comprehend or grasp the meaning or significance of something; to get it, know, or see.

## **3.Discuss the questions with the group.**

What comes to mind when you think about the past?

Can you recall a significant event from history that interests you?

How do you think understanding the past can help us in our lives today?

Do you have any favorite stories or anecdotes from the past that you've heard from family members or friends?

Have you ever visited a historical site or museum? What was your experience like?

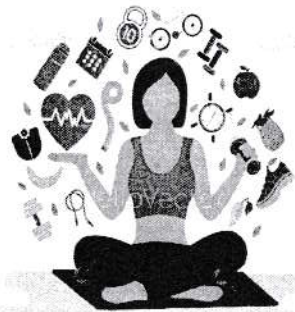
How do you think technology has changed the way we learn about and interact with the past?

Are there any specific time periods or civilizations from the past that you find particularly fascinating? Why?

What do you think future generations might learn from our present era when they look back on it as the past?

How does studying the past contribute to our sense of identity and belonging?

## UNIT 17



FITNESS

### Health and fitness

Health and fitness are essential for a happy and fulfilling life. Making small, positive changes in your daily routine can lead to significant improvements in your overall well-being. Start by fueling your body with nutritious foods. Focus on incorporating plenty of fruits, vegetables, lean proteins, and whole grains into your meals. Stay hydrated by drinking enough water throughout the day. Regular physical activity is key to staying fit and healthy. Aim for at least 30 minutes of moderate exercise most days of the week. This could be anything from brisk walking to cycling, swimming, or yoga. Find activities you enjoy to make staying active fun. Don't forget the importance of rest and recovery. Make sure to get enough sleep each night to allow your body to repair and rejuvenate. Listen to your body and give yourself permission to take rest days when needed. Take care of your mental health as well. Practice stress-reducing techniques such as meditation, deep breathing, or spending time in nature. Remember, a healthy mind contributes to a healthy body. Consistency is key when it comes to health and fitness. Make small, sustainable changes to your lifestyle rather than attempting drastic transformations. Stay committed

to your goals, and celebrate your progress along the way. By prioritizing your health and fitness, you'll not only look and feel better, but you'll also increase your energy levels, reduce your risk of chronic diseases, and improve your overall quality of life. Start today and take the first steps towards a healthier you!

### 1. Synonym mapping. Match synonym words.

Health	Good health
Well-being	Wellness
Vitality	Delight, optimism
Fitness	Joy, contentment
Exercise	Fulfillment, pleasure
Strength	Physical health
Happiness	Endurance, power
Satisfaction	Training, workout
Cheerfulness	Energy, vigor

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Make sentences for the given words.

Fitness \_\_\_\_\_

Exercise \_\_\_\_\_

Happiness \_\_\_\_\_

Strength \_\_\_\_\_

Satisfaction \_\_\_\_\_

### 3. Discuss questions with the group.

What are some small, positive changes you can make in your daily routine to improve your overall well-being?



How can you incorporate more fruits, vegetables, lean proteins, and whole grains into your meals?

What types of physical activities do you enjoy? How can you make staying active more fun?

Why is rest and recovery important for maintaining good health and fitness?

What are some stress-reducing techniques you can practice to take care of your mental health?

How do you stay consistent with your health and fitness goals?

What benefits do you expect to see from prioritizing your health and fitness?

What steps can you take today to start living a healthier lifestyle?

How do you motivate yourself to stay on track with your health and fitness goals?

How can you incorporate more movement into your daily routine, even if you have a busy schedule?

## UNIT 18



*Travel and transport*

Traveling and transportation are essential parts of our lives, helping us explore new places and connect with others. Whether it's a short trip to the store or a grand adventure to distant lands, transportation makes it all possible. Transportation comes in many forms, from cars and buses to trains, planes, and boats. Each mode offers its own unique experience and benefits. Cars provide flexibility and convenience, allowing us to navigate roads and highways at our own pace. Buses offer affordable and accessible transportation for short to medium distances, often connecting cities and towns. Trains provide a comfortable and scenic way to travel longer distances, offering passengers a chance to relax and enjoy the journey. Meanwhile, planes can swiftly transport us across continents and oceans, shrinking the world and making distant destinations accessible in a matter of hours. And boats offer a serene and picturesque way to explore rivers, lakes, and oceans, allowing us to appreciate the beauty of nature from a different perspective. No matter how we choose to travel, the experience of moving from one place to another is filled with excitement and anticipation. Whether it's the thrill of takeoff, the rhythmic sway of a train carriage, or the open road stretching out before us, each journey is an adventure waiting to unfold. So let's embrace the journey, wherever it may take us,

and savor every moment of the ride.

**1.Synonym mapping. Match synonyms.**

Traveling	Remote, faraway
Explore	Link, unite
Connect	Excursion, journey
Trip	Railway, locomotive
Distant	Journeying
Car	Coach
Bus	Inexpensive
Train	Discover, investigate
Plane	Advantage
Boats	Ships, watercraft
Benefit	Aircraft, airplane
Flexibility	Tranquil, peaceful
Affordable	Automobile, vehicle
Scenic	Quickly, rapidly
Breathtaking	Stunning
Swiftly	Picturesque, beautiful
Serene	Adaptability, versatility

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

**2.Replace underlined word with its synonym.**

-Traveling and transportation are essential parts of our lives, helping us explore new places and connect with others.

-Whether it's a short trip to the store or a grand adventure to distant lands, transportation makes it all possible.

-Buses offer affordable and accessible transportation for short to medium distances.

-Meanwhile, planes can swiftly transport us across continents and oceans,

**3.Discuss questions with the group.**

What's your favorite mode of transportation, and why?

Can you share a memorable travel experience you've had recently?

How do you think advancements in transportation have changed the way we live and travel?

If you could travel anywhere in the world right now, where would you go and why?

What are some factors you consider when choosing how to travel to a destination?

Have you ever taken a spontaneous trip? If so, where did you go and what was it like?

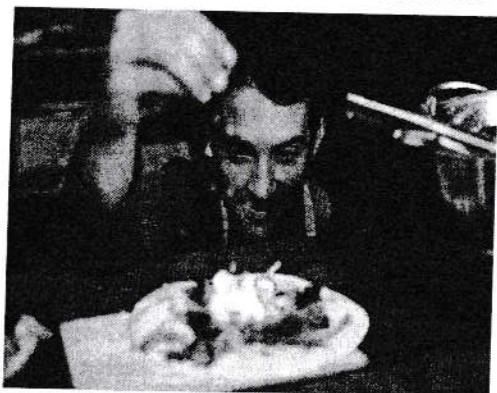
What's the longest journey you've ever been on, and how did you pass the time during travel?

Do you prefer traveling solo, with friends, or with family? Why?

What's one place you've never been to but would love to visit someday?

How do you think sustainable transportation practices can help protect the environment while still meeting our travel needs?





Cooking eating

Cooking and eating are cherished rituals that connect us deeply to our senses and to one another. It's about more than just preparing and consuming food; it's about creating moments of joy, comfort, and togetherness that linger long after the plates have been cleared. In the heart of the kitchen, where pots simmer and knives chop, there's a symphony of sounds and smells that awaken the senses. The rhythmic sizzle of ingredients meeting a hot pan, the fragrant embrace of herbs and spices, and the comforting aroma of a dish baking in the oven all come together to form a sensory experience unlike any other. As ingredients mingle and transform, they undergo a magical metamorphosis, evolving from simple elements into culinary masterpieces. Each chop of the knife, each stir of the spoon, and each moment of patient waiting adds depth and richness to the final creation. But the true magic of cooking and eating lies in the act of sharing. Gathering around the table with loved ones transforms a meal into a celebration time to reconnect, laugh, and create lasting memories together. Whether it's a casual weeknight dinner or a special occasion feast, the shared experience of breaking bread with family and friends nourishes not only our bodies but also our souls.

### 1. Synonym mapping. Match synonyms.

- |                          |  |
|--------------------------|--|
| A. Cooking               | 1. Perception, sensation, feeling            |
| B. Eating                | 2. Unity, camaraderie, closeness             |
| C. Rituals               | 3. Culinary, food preparation                |
| D. Connect               | 4. Bond, link, unite                         |
| E. Sense                 | 5. Traditions, customs, ceremonies           |
| F. Creating              | 6. Contentment, solace                       |
| G. Joy                   | 7. Dining, consuming                         |
| H. Comfort               | 8. Crafting, forming                         |
| I. Togetherness          | 9. Happiness, delight, pleasure              |
| J. Symphony              | 10. Harmony, orchestration, composition      |
| K. Sound                 | 11. Aroma, fragrance                         |
| L. Smell                 | 12. Noise, tone, auditory sensation          |
| M. Baking                | 13. Enchanting, mystical, wondrous           |
| N. Transform             | 14. Mix, blend, agitate                      |
| O. Magical               | 15. Roasting, cooking                        |
| P. Culinary masterpieces | 16. Festivity, party                         |
| Q. Chop                  | 17. Change, convert, alter                   |
| R. Stir                  | 18. Cut, slice, dice                         |
| S. Gathering             | 19. Gastronomic delights, culinary creations |
| T. Celebration           | 20. Assembling, congregating, collecting     |

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Replace underlined word with its synonym.

-Cooking and eating are cherished rituals that connect us deeply to our senses and to one another.

-It's about more than just preparing and consuming food; it's about creating moments of joy, comfort, and togetherness that linger long after the plates have been cleared.

-In the heart of the kitchen, where pots simmer and knives chop, there's a symphony of sounds and smells that awaken the senses.



### 3. Discuss questions with the group .

What's your favorite thing to cook or bake, and why?

Can you recall a memorable meal you've shared with loved ones? What made it special?

Do you have any family recipes that have been passed down through generations? What do they mean to you?

How does cooking or baking help you relax and unwind after a long day?

Have you ever tried cooking a dish from a different culture? What was the experience like?

What's the most challenging dish you've ever attempted to cook, and did it turn out well?

Do you prefer cooking alone or with others? Why?

How do you think cooking and eating together can strengthen relationships?

Are there any foods or dishes you disliked as a child but have grown to love as an adult?

Can you describe a food-related tradition or ritual from your culture or upbringing?

What role does food play in your holiday celebrations or special occasions?

Have you ever had a cooking disaster that turned into a funny or memorable moment?

How do you approach meal planning and preparation to make cooking more enjoyable?

Do you have any favorite cooking shows or chefs that inspire you?

## UNIT 20



*The world around us*

The world around us is like a treasure trove of wonders, just waiting to be explored. Everywhere we turn, there's something amazing to see, hear, or experience. Whether it's the soft whisper of wind through the trees or the brilliant hues of a sunset painting the sky, nature always has a way of captivating us with its beauty. Take a stroll through a bustling city street, and you'll encounter a vibrant tapestry of life unfolding before your eyes. From the hustle and bustle of busy commuters to the colorful displays in shop windows, each moment is a snapshot of the unique energy that defines urban living. But step away from the city, and you'll find yourself immersed in the tranquil beauty of the countryside. Here, rolling hills and meandering rivers offer a peaceful retreat from the chaos of everyday life. It's a place where time seems to slow down, allowing us to appreciate the simple joys of nature. Yet, the world is not just about the landscapes we see—it's also about the rich tapestry of cultures and traditions that make each place unique. From ancient customs passed down through generations to the latest innovations in technology, human ingenuity knows no bounds. In every corner of the globe, there are people with dreams and ambitions, each contributing their own piece to the puzzle of



life. Whether it's a farmer tending to their crops or an artist creating a masterpiece, every individual plays a vital role in shaping the world around us. And amidst the diversity, there is a profound sense of interconnectedness that binds us all together. We may come from different backgrounds and speak different languages, but we are united by our shared humanity and our common desire for a better world. So let's take a moment to pause and appreciate the world around us—to marvel at its beauty, to celebrate its diversity, and to cherish the moments we share with one another. For in the end, it's these moments that truly make life extraordinary.

### 1. Synonym mapping. Match synonyms.

Wonders	Awesome, fantastic
Everywhere	Fascinating, interesting
Amazing	Bright, colorful, lively
Captivating	All over, all around
Vibrant	Amazing things, marvels
Unfolding	Special
Snapshot	Mystery
Tranquil	Easy, basic
Chaos	Happening, occurring
Simple	Peaceful, calm
Unique	Mess, disorder, confusion
Ingenuity	Cleverness, smarts, inventiveness
Puzzle	Quick look, glance

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Fill in the gaps with synonyms from the word bank.

*Word bank: serene, snapshot, gentle rustle, diverse, slow down, amazing, explored, peaceful, colorful, ingenuity, vivid colors, captivating, lively, simple pleasures, puzzle, dreams, ambitions, crucial.*

The world around us is like a treasure trove of wonders, just waiting to be \_\_\_\_\_. Everywhere we turn, there's something \_\_\_\_\_ to see, hear, or experience. Whether it's the \_\_\_\_\_ of wind through the trees or the \_\_\_\_\_ of a sunset painting the sky, nature always has a way of \_\_\_\_\_ us with its beauty. Take a stroll through a bustling city street, and you'll encounter a \_\_\_\_\_ tapestry of life unfolding before your eyes. From the hustle and bustle of busy commuters to the \_\_\_\_\_ displays in shop windows, each moment is a \_\_\_\_\_ of the unique energy that defines urban living. But step away from the city, and you'll find yourself immersed in the \_\_\_\_\_ beauty of the countryside. Here, rolling hills and meandering rivers offer a \_\_\_\_\_ retreat from the chaos of everyday life. It's a place where time seems to \_\_\_\_\_, allowing us to appreciate the \_\_\_\_\_ of nature. Yet, the world is not just about the landscapes we see—it's also about the \_\_\_\_\_ tapestry of cultures and traditions that make each place unique. From ancient customs passed down through generations to the latest innovations in technology, human \_\_\_\_\_ knows no bounds. In every corner of the globe, there are people with \_\_\_\_\_ and \_\_\_\_\_, each contributing their own piece to the \_\_\_\_\_ of life. Whether it's a farmer tending to their crops or an artist creating a masterpiece, every individual plays a \_\_\_\_\_ role in shaping the world around us.

### 3. Discuss questions with the group.

What's one natural wonder or scenic spot you've always wanted to visit?

How does the energy of a bustling city street differ from the tranquility of the countryside for you?

Can you share a memorable experience you've had while exploring nature?

What do you think makes each culture unique, and how does it contribute to the richness of our world?

Have you ever been inspired by a cultural tradition or



custom from another part of the world?

In what ways do you see human ingenuity shaping the world around us, both positively and negatively?

What role do you think individuals play in creating positive change in their communities?

How do you feel interconnectedness among people around the globe impacts our world today?

Can you recall a moment when you felt a strong connection to nature or to someone from a different culture?

What are some simple joys of life that you find most meaningful?

How can we cultivate a greater sense of appreciation for the world around us in our daily lives?

Do you think technology helps or hinders our connection to nature and diverse cultures? Why?

Have you ever experienced a moment of awe or wonder while traveling or exploring a new place?

How do you think our understanding of the world has evolved over time, and where do you see it heading in the future?

What small actions can we take to make a positive impact on the world around us, starting from our own communities?

## UNIT 21



*Working together*

Working together is like building a house. Each person brings different tools and skills to the construction site. Some are expert carpenters, others are skilled electricians, and some are talented plumbers. When we collaborate, we combine our abilities like bricks and mortar, strengthening the foundation of our teamwork. With each wall we raise and each roof beam we lay, we create a sturdy structure of shared effort and mutual support. Just as every part of the house serves a purpose, each team member contributes their expertise to the project. Together, we transform blueprints into reality, turning a vision into a home. In the construction of collaboration, every hand plays a crucial role, building something greater than any one of us could achieve alone.

### **1. Synonym mapping. Match synonyms.**

Collaborate	goal, aim
Ability	help, assistance
Foundation	work together, team up
Effort	work, endeavor
Support	skill, talent



Purpose	base, groundwork
Transform	idea, dream
Blueprints	important, vital
Reality	change, alter
Vision	actuality, truth
Crucial	plans, layouts

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### **2.Fill in the gaps with synonyms from the word bank.**

Working together is like constructing a \_\_\_\_\_. Each person brings different tools and skills to the \_\_\_\_\_ site. Some are expert \_\_\_\_\_, others are skilled \_\_\_\_\_, and some are talented \_\_\_\_\_. When we \_\_\_\_\_, we combine our abilities like \_\_\_\_\_ and \_\_\_\_\_, strengthening the \_\_\_\_\_ of our teamwork. With each \_\_\_\_\_ we raise and each \_\_\_\_\_ we lay, we create a sturdy \_\_\_\_\_ of shared effort and mutual support. Just as every part of the \_\_\_\_\_ serves a \_\_\_\_\_, each team member contributes their \_\_\_\_\_ to the project. Together, we \_\_\_\_\_ blueprints into \_\_\_\_\_, turning a \_\_\_\_\_ into a home. In the construction of collaboration, every \_\_\_\_\_ plays a crucial role, building something greater than any one of us could achieve alone.

*Word bank: construction, plumbers, building, craftsmen, cooperate, bricks, foundation, mortal, roof, wall, hand, turn, dream, reality, purpose, expertise.*

### **3.Discuss questions with the group.**

What tools or skills do you bring to a team project?

How do you think collaboration enhances the outcome of a project?

Can you share an example of a time when teamwork made a significant difference in achieving a goal?

In what ways do you think different roles within a team contribute to its success?

What do you believe are the key elements of effective collaboration?

How do you handle conflicts or disagreements within a team setting?

Can you describe a memorable experience of working closely with others toward a common objective?

What strategies do you use to ensure everyone's voice is heard and valued in a team?

How do you establish trust and rapport with your teammates?

Can you think of a project or task where collaboration was lacking, and how do you think it could have been improved with better teamwork?

## UNIT 22



*Culture and art*

### *Heartbeat of Humanity*

Culture and art are like windows into a community's soul, showing what's important and how people express themselves. Culture is all about traditions, customs, and values that make a group of people unique. It includes everything from the food they eat to the clothes they wear. Celebrations and stories passed down through generations give life meaning and connect people together. Art is the amazing way people show their creativity and talent. It comes in many forms, like paintings, dances, and music. Art touches our hearts and makes us feel things. Music, for example, can make us happy or sad, no matter what language we speak. Theater performances take us to magical places where anything is possible. Art can also help us understand each other better and bring people from different backgrounds closer together. Together, culture and art create a beautiful picture of humanity. They remind us that we're all connected, no matter where we come from. Exploring culture and art helps us appreciate the differences and similarities in our world. They encourage us to keep our minds and hearts open, building bridges between people and celebrating the wonderful variety of human life.

### 1. Synonym mapping. Match synonyms.

Tradition	Tradition, habit, convention
Custom	Festivity, observance, ceremony
Value	Principle, belief, moral
Unique	Imagination, originality, inventiveness
Celebration	Custom, practice, ritual
Creativity	Distinctive, individual, special
Talent	Skill, ability, aptitude
Form	Melodies, tunes, compositions
Painting	Artwork, masterpiece
Dances	Drama, acting
Music	Type, variety, kind
Theater	Performances, choreography, movements
Understand	Value, recognize, cherish
Humanity	Mankind, people, human race
Connected	Comprehend
Exploring	Investigating, discovering, examining
Appreciate	Linked, related, associated
Difference	Resemblance, likeness
Similarity	Diversity, range, assortment
Bridge	Connection

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Make sentences for the given words.

Difference \_\_\_\_\_

Understand \_\_\_\_\_

Appreciate \_\_\_\_\_

Connect \_\_\_\_\_



### 3. Discuss questions with the group.

What are culture and art compared to in the text? Why are they compared to that?

How does culture make a community unique, according to the text?

Can you give examples of things that are part of a culture, as mentioned in the text?

What is art, and why does the text call it "amazing"?

How does art make us feel, according to the text?

What are some different types of art mentioned in the text?

How do culture and art help people feel connected to each other, according to the text?

What does the text say about why it's important to learn about culture and art?

How does the text suggest we should think about differences between cultures?

Why does the text describe culture and art as a "beautiful picture of humanity"?

## UNIT 23

### Mid-term

1. Read the following story.

2. Identify the underlined words and find their synonyms from the given word bank.



*The adventure in the Forest*

Once upon a time, there lived a curious rabbit named Benny. He loved exploring the vast, dense woods near his burrow. One sunny morning, Benny decided to venture deeper into the forest than he had ever gone before. As he hopped along the narrow path, he noticed the trees towering above him, their branches swaying gently in the breeze. Suddenly, Benny heard a rustling noise behind a cluster of bushes. His heart raced with excitement as he cautiously approached the source of the sound. To his amazement, he discovered a friendly squirrel gathering acorns. The squirrel introduced himself as Sammy and invited Benny to join him on his quest to find the biggest acorn in the forest. Eagerly, Benny accepted the invitation and the two new friends set off together. They searched high and low, scampering through bushes and over fallen logs, until finally, they stumbled upon a magnificent oak tree. Beneath its sprawling branches lay the most enormous acorn either of them had ever seen. With great effort, they rolled the giant acorn back to Benny's burrow, where they celebrated their discovery with a feast of delicious treats. From that day on, Benny and Sammy remained the best

of friends, embarking on countless adventures together in the enchanting forest.

Word Bank: journey, timber, rodent, trail, forest, finding, bunny.

### 3. Answer to the questions.

Who is the main character of the story?

What is the name of the rabbit?

What does Benny love to do?

Where does Benny live?

What does Benny decide to do one sunny morning?

What does Benny find behind a cluster of bushes?

What is the squirrel's name?

What does Sammy invite Benny to do?

What do Benny and Sammy set off together to find?

What do they find beneath the oak tree?

How do they celebrate their discovery?

What do Benny and Sammy do together after their adventure?

## UNIT 24

time  
never  
comes  
again

Time \_\_\_\_\_

Time is like the rhythm of life, a constant beat that guides us from sunrise to sunset. It's the ticking of the clock, the turning of the seasons, and the moments that shape our memories. In the morning, time wakes us gently, nudging us into the new day. It sets the pace for our routines, ticking away as we go about our tasks. As the day unfolds, time pushes us forward, urging us to make the most of each passing hour. But time is slippery, like trying to catch a handful of water. No matter how hard we try, it slips through our fingers, leaving behind only memories. It's a reminder that life is fleeting, and every moment is precious. As evening falls, time whispers softly, reminding us to appreciate the here and now. It's a gentle nudge to cherish the present before it becomes a distant memory. Because in the grand tapestry of time, every moment is a thread that makes up the story of our lives.

### 1. Synonym mapping. Match synonyms.

Time	clicking, pulsing
Rhythm	duration, period
Constant	dusk, nightfall
Guide	steady, unchanging



Sunrise	timepiece, watch
Sunset	dawn, daybreak
Ticking	beat, cadence
Turning	speed, rhythm
Gently	encouraging, motivating
Nudging	prompting, pushing
Pace	habit, schedule
Routine	changing, shifting
Unfold	murmur, speak softly
Urging	softly, mildly
Slip	slide, glide
Whisper	tale, narrative
Appreciate	value
Story	progress, develop

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

## **2.Fill in the gaps with synonyms from the word bank.**

Time is like the rhythm of life, a constant beat that guides us from sunrise to sunset.

It's the ticking of the clock, the turning of the seasons, and the moments that shape our memories.

In the morning, time wakes us gently, nudging us into the new day.

## **3.Discuss questions with the group.**

What comparison is made between time and life in the text?

How does time guide us throughout the day according to the passage?

Why is time described as "slippery" in the text?

What is the significance of appreciating the present moment, as mentioned in the text?

How does the text suggest that every moment is valuable?

Can you identify any examples of how time is described using nature-related imagery?

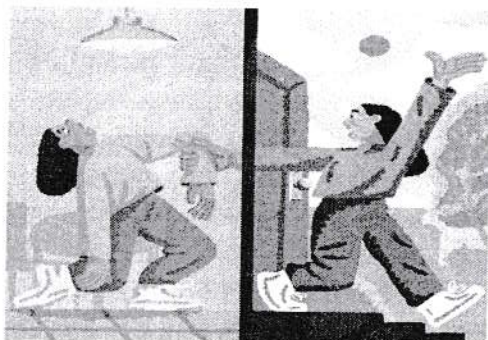
How does the passage describe the role of time in shaping memories?

What emotions or feelings does the text evoke when describing time?

What do you think the author means by referring to time as a "gentle nudge"?

How does the passage suggest that time is both constant and fleeting?

## UNIT 25



*Inside outside*

Inside, nestled within the walls that hug us close, is a world we know well. It's a place where the air hums with the sound of happiness, where dreams come alive in the everyday hustle. Inside, cozy warmth wraps around us like a soft blanket, bringing a sense of belonging. Here, the scent of homemade meals dances in the air, reminding us of shared moments around the table. It's a haven where memories bloom, whispering tales of love and kinship. Outside, beyond the boundaries of our familiar abode, lies a vast expanse waiting to be explored. It's a landscape stretching as far as the eye can see, painted with the colors of endless opportunities. Outside, the wind carries secrets in its whispers, beckoning us to wander and discover. The sun, a radiant beacon, bathes everything in its golden light, revealing the beauty of the natural world. Every step taken outside is an adventure, a chance to marvel at the wonders of creation. Inside and outside, these two worlds coexist in harmony, each offering its own treasures and surprises. Together, they form the mosaic of life, inviting us to embrace both the comfort of home and the excitement of the unknown. In this balance, we find richness and fulfillment, appreciating the beauty of every moment, whether within our familiar walls or under the open sky.

### 1. Synonym mapping. Match synonyms.

Inside	barrier, partition, divider
Nestle	buzz, murmur, vibrate
Wall	near, tight, intimate
Hug	embrace, enfold, clasp
Close	within, indoors, internal
World	realm, environment, domain
Know	aspiration, desires
Air	atmosphere, breeze, aura
Hum	snuggle, tuck
Sound	noise, tone, resonance
Dreams	familiarize, comprehend, understand
Alive	vibrant, active, thriving
Everyday	acceptance, membership, inclusion
Hustle	bustle, activity, rush
Cozy	feeling, perception, awareness
Sense	flourish, thrive, blossom
Belonging	routine, daily, mundane
Homemade	home-cooked, handmade, artisanal
Meal	snug, comfortable, warm
Bloom	dish, cuisine, food

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Replace underlined word with its synonym in exercise 1.

-Inside, nestled within the walls that hug us close, is a world we know well.

-It's a place where the air hums with the sound of happiness, where dreams come alive in the everyday hustle.

-Here, the scent of homemade meals dances in the air, reminding us of shared moments around the table.



### 3. Discuss question with the group.

What does the author describe as being nestled inside walls?

How does the author characterize the atmosphere inside?

What metaphor does the author use to describe the feeling of warmth inside?

What sensory experience does the scent inside evoke?

According to the passage, what is the significance of memories inside?

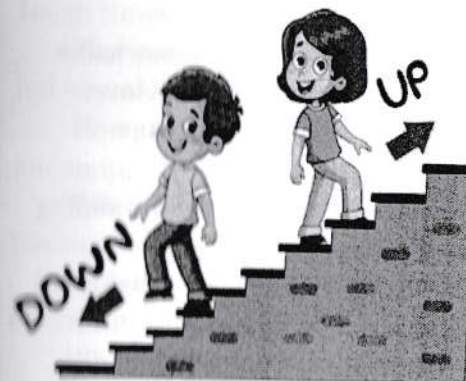
What lies beyond the boundaries of the familiar abode?

How does the author portray the landscape outside?

What invitation does the wind extend to us outside?

What effect does the sun have on the outside world?

## UNIT 26



*Going up, going down*

Life is like a rollercoaster, full of ups and downs. When we're on top, everything feels amazing—we celebrate our victories and bask in the joy of success. But then, just when we least expect it, we hit a low point. It's like walking through a thick fog, not knowing what's next and feeling unsure about the future. Yet, it's during these tough times that we discover our inner strength. We learn to keep going, even when the road ahead seems rough. Every setback becomes a chance to learn and grow, making us stronger and more resilient. In the big picture of life, each high and each low shapes who we are. The highs remind us of our potential and inspire us to aim higher. And the lows teach us humility and empathy, helping us understand ourselves and others better. So, let's embrace every part of the journey—the ups and the downs. Because in the end, it's all part of the adventure. And with each step forward, no matter how small, we're getting closer to our dreams. Life is a beautiful journey, full of endless possibilities.

### 1. Synonym mapping. Match synonyms.

Ups and downs

Difficult times, Hardship, Adversity

Amazing

Unsure, Doubtful, Indeterminate

Joy

Happiness, Delight, Pleasure

Success	Tough, Strong
Low point	Bottom, Trough
Uncertain	Astonishing, Incredible, Remarkable
Tough times	Peaks and valleys, Highs and lows
Inner strength	Resilience, Fortitude, Courage
Setback	Obstacle, Disappointment
Learn	Gain knowledge, Acquire understanding
Grow	Develop, Evolve, Mature
Resilient:	Achievement, Triumph, Accomplishment
Potential	Possibility, Capability, Potentiality
Inspire	Motivate, Encourage, Energize
Aim higher	Understanding, Compassion, Sensitivity
Empathy	Strive for more, Reach for the stars
Embrace	Welcome, Accept, Adopt
Adventure	Journey, Expedition, Quest
Possibilities	Opportunities, Potential, Options

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

## 2. Make sentences for the given words.

Empathy \_\_\_\_\_

Adventure \_\_\_\_\_

Success \_\_\_\_\_

Uncertain \_\_\_\_\_

## 3. Discuss questions with the group.

Can you think of a time when you felt like you were on top of the world? What made that moment so special for you?

Have you ever faced a difficult situation that made you feel uncertain about the future? How did you cope with it?

What do you believe you've learned about yourself during tough times?

Can you share an experience where a setback ultimately led to personal growth? How did it shape you?

How do you stay positive and motivated when you encounter challenges in your life?

Who or what inspires you to keep pushing forward and pursue your goals?

In what ways do you think both success and failure contribute to shaping our personalities and perspectives?

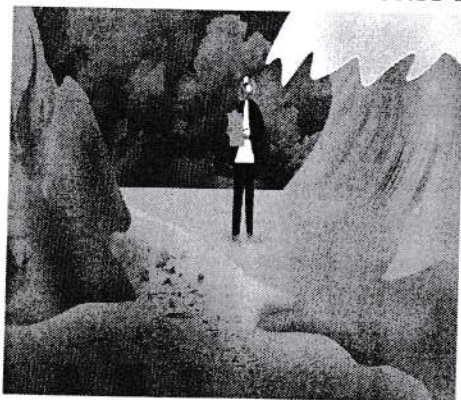
What strategies do you use to bounce back from setbacks and keep moving forward?

Can you recall a moment when you gained valuable insights from a difficult experience?

What advice would you offer to someone who is currently facing challenges and feeling unsure about the future?



## UNIT 27



*Changes and challenges*

Life is a journey filled with twists and turns, marked by constant changes and challenges. From the moment we come into this world, we're greeted by an ever-shifting landscape, where nothing remains the same for long. These changes can take many forms: personal transformations as we grow and learn, shifts in our surroundings, or the rapid advancements in technology and society that redefine how we live. While change can be intimidating, it also holds the promise of growth and discovery. Embracing change means stepping out of our comfort zones, daring to explore the unknown, and seizing new opportunities. It's through change that we evolve, adapt, and unlock our full potential. Yet, amidst the excitement of change, there are also challenges to be faced. Change can disrupt our routines, leaving us feeling unsettled and uncertain. It can challenge our beliefs and push us to confront our fears. Navigating these challenges demands resilience, the ability to bounce back from setbacks, and flexibility to adjust our course when necessary. In the face of uncertainty, it's crucial to cultivate a positive mindset, seeing challenges as opportunities for growth rather than obstacles to overcome. Seeking support from friends, family, or mentors can provide the strength and encouragement needed to persevere. Ultimately, it's not the

changes themselves, but how we respond to them that defines our journey. By embracing change with an open mind and a courageous heart, and by confronting challenges head-on, we can discover our inner strength and resilience. Each obstacle we overcome, each change we embrace, brings us closer to realizing our true potential and finding fulfillment in life's ever-evolving adventure.

### 1. Synonym mapping. Match synonyms.

Change	possibility
Challenge	adaptability
Landscape	scenery, environment
Form	alteration, modification
Opportunity	type, variety, kind
Evolve	unsure, doubtful
Uncertain	develop, progress, grow
Flexibility	obstacle, trial
Positive mindset	satisfaction, contentment, happiness
Opportunity	possibility
Fulfillment	optimistic outlook, hopeful attitude

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Replace underlined word with its synonym in exercise 1.

Life is a journey filled with twists and turns, marked by constant changes and challenges.

From the moment we come into this world, we're greeted by an ever-shifting landscape, where nothing remains the same for long.

Embracing change means stepping out of our comfort zones, daring to explore the unknown, and seizing new opportunities.

Change can disrupt our routines, leaving us feeling unsettled and uncertain.



### 3. Discuss questions with the group.

How do you typically react to unexpected changes in your life?

Can you recall a time when you faced a significant challenge? How did you overcome it?

What are some common challenges people encounter when navigating through periods of change?

In what ways do you think challenges contribute to personal growth and development?

How do you maintain a positive mindset when faced with adversity or uncertainty?

Do you think it's important to seek support from others when facing challenges? Why or why not?

How do you balance embracing change with maintaining stability in your life?

What role do you think resilience plays in overcoming challenges?

Have you ever experienced a change that initially seemed negative but led to positive outcomes in the long run?

How do you think advancements in technology and society impact the way we perceive and adapt to change?

## UNIT 28



### *Stuff and things*

Once upon a time, nestled within the cozy confines of her grandmother's attic, a young girl stumbled upon a mysterious book. Its pages whispered of secrets long forgotten, enticing her with promises of adventure and magic. Little did she know that this dusty tome held the key to a realm beyond imagination. As she delved deeper into its enchanting pages, the girl discovered a hidden world teeming with fantastical creatures and wondrous landscapes. With newfound courage pulsing through her veins, she embarked on a perilous journey alongside a band of unlikely companions – a daring dragon, a mischievous pixie, and a wise old wizard. Together, they braved treacherous forests, navigated winding rivers, and scaled towering mountains in pursuit of a daunting quest: to vanquish the ancient evil that threatened to engulf their realm in darkness. Along the way, the girl learned valuable lessons about loyalty, bravery, and the enduring power of friendship. Through trials and tribulations, triumphs and setbacks, she discovered her own inner strength and resilience. And as the final battle loomed on the horizon, she realized that the greatest magic of all resided not in spells or incantations, but in the unwavering belief in oneself. In the end, with courage in her heart and the support of her friends by her side, the young girl emerged victorious, banishing the



shadow of darkness and restoring peace to the once-enchanted land. And though her journey had come to an end, the memories of her adventures would forever linger within the pages of the magical book, waiting to inspire generations yet to come.

**1.Synonym mapping. Match synonyms.**

Cozy	charming, bewitching, captivating
Nestled	dangerous, risky, hazardous
Mysterious	enigmatic, cryptic
Enticing	comfortable, snug alluring
Enchanting	tempting, captivating
Perilous	nestled, tucked, snuggled
Quest	strength, toughness, durability
Vanquish	triumphant, successful, winning
Resilience	journey, adventure, expedition
Victorious	defeat, conquer, overcome
Banishing	remain, stay, endure
Enchanted	motivate, encourage, stimulate
Linger	expelling, ousting, eliminating
Inspire	magical, bewitched, charmed

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

**2.Make sentence for the given word.**

Linger \_\_\_\_\_

Victorious \_\_\_\_\_

Enchanted \_\_\_\_\_

Inspire \_\_\_\_\_

**3.Discuss question with the group.**

What did the young girl find in her grandmother's attic?

How did the book in the attic entice the young girl?

Describe the companions who joined the girl on her journey.

What was the quest that the girl and her companions embarked on?

What lessons did the girl learn throughout her journey?

What was the ultimate challenge the girl faced?

How did the girl ultimately triumph over darkness?

What was the significance of the magical book in the story?

How did the girl's journey change her?

How might the story inspire others?

## UNIT 29



People

People are the essence of humanity, the beating heart of our existence. We are a diverse tapestry, encompassing a myriad of shapes, sizes, and colors, each one imbued with our own unique narratives, aspirations, and idiosyncrasies. In the grand symphony of life, we express ourselves through laughter and tears, through moments of joy and sorrow, and through the profound depths of love and the relentless pursuit of knowledge. As social creatures, we are architects of community, weaving together the threads of our lives to form vibrant and dynamic societies. Through our shared experiences, we forge bonds that transcend individual differences, creating spaces where art flourishes, ideas collide, and progress is born. Yet, our journey is not without its obstacles. We encounter challenges, face setbacks, and navigate through the uncertainties of life. But in the face of adversity, we find strength in our resilience, courage in our convictions, and hope in our collective endeavor to build a brighter future. At our core, we are bound by the common threads of humanity – empathy, compassion, and the innate desire to connect with one another. It is through this connection that we find meaning, purpose, and fulfillment, as we continue to evolve and grow, both as individuals and as a global community.

### 1. Synonym mapping. Match synonyms.

People	multitude, abundance, countless
Humanity	quirks, peculiarities, eccentricities
Tapestry	harmony, orchestration, composition
Myriad	mosaic, fabric, composition
Narrative	individuals, persons, humanity
Aspiration	ambition, goal, dream
Idiosyncrasies	story, account, tale
Symphony	humankind, mankind
Architect	challenge, hurdle, impediment
Bond	connection, tie, relationship
Transcend	satisfaction, contentment, completion
Obstacle	creator, designer, builder
Empathy	understanding, compassion, sensitivity
Fulfillment	surpass, go beyond, exceed

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Make sentences for the given words.

Empathy \_\_\_\_\_

Obstacle \_\_\_\_\_

Narrative \_\_\_\_\_

Aspiration \_\_\_\_\_

### 3. Discuss questions with the group.

What's one thing that always makes you smile?

If you could have any superpower, what would it be and why?

What's your favorite thing to do on a lazy Sunday afternoon?

If you could travel anywhere in the world, where would



you go first?

What's the most interesting book you've read recently, and why did you enjoy it?

What's your favorite childhood memory?

If you could meet any historical figure, who would it be and what would you ask them?

What's one skill you've always wanted to learn, and why?

What's your go-to comfort food?

If you could only listen to one genre of music for the rest of your life, what would it be?

## UNIT 30



*Travel*

Traveling is like opening a book with endless pages, each chapter offering new experiences and discoveries. It's the thrill of exploring unfamiliar places, tasting exotic cuisines, and immersing oneself in diverse cultures. Whether it's the serene beaches of a tropical paradise, the bustling streets of a vibrant city, or the majestic peaks of a mountain range, travel sparks a sense of adventure in the soul. Every journey is a chance to create lasting memories, whether it's a solo backpacking trip, a romantic getaway, or a family vacation. From the moment you step out of your comfort zone, you're greeted with the beauty of the unknown and the excitement of the unexpected. Traveling teaches us to embrace change, adapt to new surroundings, and appreciate the beauty of diversity. It's a journey of self-discovery, where we learn as much about ourselves as we do about the world around us. So pack your bags, embark on a new adventure, and let the wonders of travel unveil themselves before your eyes. After all, the world is waiting to be explored, one destination at a time.

### **1.Synonym mapping. Match synonyms.**

Traveling

infinite, boundless, unlimited

Endless

findings, revelations, breakthroughs

Experience	unknown, strange, unfamiliar
Discovery	journeying, touring
Thrill	excitement, exhilaration, adventure
Exploring	foreign, tropical, unfamiliar
Unfamiliar	adventure, escapade, encounter
Exotic	lively, busy, bustling
Serene	familiar territory, routine, safety net
Bustling	discovering
Vibrant	lively, dynamic, colorful
Adventure	peaceful, calm, tranquil
Chance	family trip, holiday with relatives
Family vacation	commence, begin, launch
Comfort zone	excitement, thrill, exploration
Unexpected	opportunity, possibility, likelihood
Change	marvel, miracle, phenomena
Embark	surprising, unforeseen, unpredictable
Wonder	transformation, alteration, modification
Explore	discover, investigate
Destination	location, place, destination

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

## 2. Replace underlined word with its synonym in exercise 1.

-Traveling is like opening a book with endless pages, each chapter offering new experiences and discoveries.

-It's the thrill of exploring unfamiliar places, tasting exotic cuisines, and immersing oneself in diverse cultures.

-After all, the world is waiting to be explored, one destination at a time.

## 3. Discuss questions with the group.

Have you ever traveled to a place that completely exceeded your expectations? What made it so memorable?

What's the most adventurous activity you've tried while traveling?

If you could teleport to any destination right now, where would you go and why?

What's your favorite travel memory from your childhood?

Do you prefer traveling solo, with a partner, or in a group? Why?

What's the most unique dish you've ever tried while traveling?

How do you typically plan your trips? Do you prefer spontaneous adventures or well-organized itineraries?

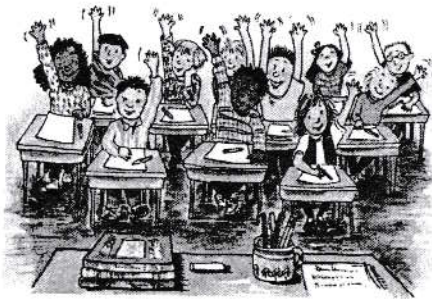
What's the most breathtaking natural landscape you've encountered during your travels?

Have you ever experienced culture shock while traveling? How did you adapt to it?

If you could give one piece of advice to someone about to embark on their first solo trip, what would it be?



# LEARNING IS FUN!



## Learning learning

Learning is the thrilling adventure of acquiring knowledge, skills, and wisdom. Picture it as embarking on a journey across an expansive landscape, where each step unravels fresh discoveries and enlightening insights. Whether you're delving into the intricacies of a new language, deciphering complex equations, or honing your craft in a beloved hobby, learning serves as the driving force propelling us forward in life. It's sustained by an insatiable curiosity, unwavering perseverance, and a readiness to perceive the world from diverse viewpoints. Every morsel of knowledge we glean acts as a robust stepping stone on the winding path toward personal growth and enlightenment. Thus, let us eagerly embrace the sheer delight of learning, for within its embrace lies the infinite potential to unlock a boundless realm of opportunities, enriching our lives and broadening our horizons.

### 1.Synonym mapping. Match synonyms.

Adventure	Illuminating
Acquire	Finding, learning
Knowledge	Art, skill
Skill	Open, unbolt
Wisdom	Journey, exploration, expedition

Embark	Ability, talent
Expansive	take up, commence
Discovery	Obtain, gain
Enlightening	Insight, sagacity
Craft	Understanding, comprehension
Propelling	extensive
Insatiable	Driving, pushing
Curiosity	Welcome, accept
Personal growth	Awareness, insight, illumination
Enlightenment	Inquisitiveness, interest
Embrace	Unquenchable
Delight	Self-improvement, development, maturation
Unlock	Endless, limitless

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Make sentence for the given words.

Delight \_\_\_\_\_

Discovery \_\_\_\_\_

Embark \_\_\_\_\_

Acquire \_\_\_\_\_

### 3.Discuss questions with the group.

What excites you most about the idea of learning?

Can you recall a specific moment when learning something new felt like an adventure to you?

How do you typically approach learning new things: with curiosity, determination, or both?

Have you ever experienced a breakthrough moment while learning? What was it like?

What subjects or skills are you most eager to explore further in your learning journey?

How do you think learning contributes to personal growth and development?

Can you think of a time when learning helped you overcome a challenge or obstacle?

Do you believe that everyone has the potential to be a lifelong learner? Why or why not?

What strategies do you use to stay motivated and engaged when learning becomes challenging?

In what ways do you think learning enriches our lives and broadens our perspectives?

## UNIT 32



*Body and mind*

The body and mind, though distinct, are deeply intertwined, forming the essence of our being. Our body serves as the tangible vessel through which we navigate the world. It is a wondrous assembly of systems and organs, working in harmony to sustain life. From the rhythmic beating of the heart to the intricate network of nerves transmitting signals, our body is a marvel of biological complexity. It grants us the ability to experience sensations, move with agility, and engage with our surroundings. Conversely, the mind encapsulates our thoughts, emotions, and consciousness. It is the seat of our intellect, creativity, and identity. Through the mind, we interpret the world, form perceptions, and construct our reality. It is the repository of our memories, dreams, and aspirations, shaping our understanding of ourselves and the universe. Despite their unique roles, the body and mind are inseparable partners in our existence. They interact in a dynamic dance, each influencing the other in profound ways. A healthy body fosters a clear and vibrant mind, while a nourished mind contributes to physical well-being. The interplay between body and mind underscores the importance of holistic health practices that encompass both physical and mental dimensions. In nurturing both body and mind, we cultivate resilience, vitality, and harmony within



ourselves. It is through this holistic approach to well-being that we unlock our full potential and lead lives of purpose and fulfillment.

### 1.Synonym mapping. Match synonyms.

Body	Brain, intellect
Mind	Real, touchable
Distinct	Container, holder
Tangible	Form, figure
Vessel	Gathering, meeting
Wondrous	Involve, participate
Assembly	Different, separate
Sustain	Support, help, assist
Complexity	sum up, summarize
Agility	Quickness, rapidity
Engage	Amazing, marvelous
Encapsulate	Brainpower, intelligence
Intellect	Complication, difficulty
Creativity	Hope, desire
Aspiration	Possibility, capability
Potential	Imagination, innovation
Fulfillment	Satisfaction, happiness

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Replace underlined word with its synonym in exercise 1.

The body and mind, though distinct, are deeply intertwined, forming the essence of our being

Our body serves as the tangible vessel through which we navigate the world.

It is the seat of our intellect, creativity, and identity.

It grants us the ability to experience sensations, move with agility, and engage with our surroundings.

### 3.Discuss questions with the group.

How would you describe the relationship between the body and mind?

What are some examples of how the body and mind interact with each other?

Why is it important to take care of both our physical and mental health?

Can you think of any activities that promote both physical and mental well-being?

How does exercise benefit both the body and mind?

What are some ways to reduce stress and improve mental clarity?

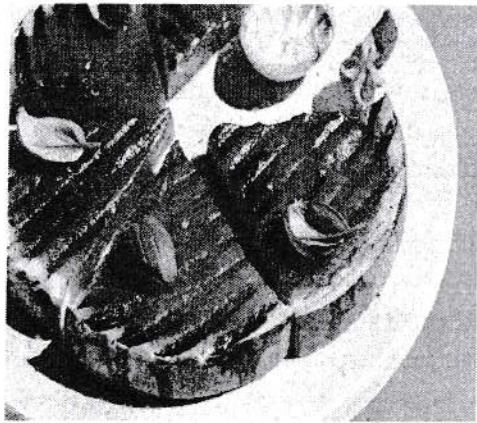
How do you think our thoughts and emotions can impact our physical health?

What role do relaxation techniques, such as meditation or deep breathing, play in overall well-being?

How can practicing mindfulness enhance our daily lives?

Can you share a personal experience where you felt a strong connection between your body and mind?

## UNIT 33



*Food*

Food is more than just sustenance; it's a celebration of flavors, cultures, and traditions that span the globe. From the simplicity of crispy fries to the indulgence of creamy pasta, each dish we encounter carries with it a rich narrative of its origins and the hands that lovingly crafted it. Whether it's a comforting bowl of soup on a chilly day or a refreshing salad kissed by the warmth of the summer sun, food has this remarkable ability to not only nourish our bodies but also to soothe our souls and forge connections between people. Let's take a moment to appreciate the diversity of cuisines that exist, each one offering its own unique blend of ingredients, techniques, and stories. Let's savor every bite, allowing ourselves to be transported to distant lands with each mouthful, and let's embrace the opportunity to explore new tastes and culinary experiences. But perhaps most importantly, let's remember that food is meant to be shared. Whether it's a simple meal enjoyed with family around the dinner table or a lavish feast shared with friends at a special gathering, the joy of food is magnified when it's experienced together. So let's gather around, break bread, and revel in the simple pleasures of good company and delicious food, for in these moments, we find not just nourishment for

our bodies, but nourishment for our spirits as well.

### 1. Synonym mapping. Match synonyms.

Food	crisp, brittle
Celebration	plainness, clearness
Flavor	taste
Culture	nourishment
Globe	chips
Simplicity	world, planet
Crispy	tradition, custom
Fries	festivity
Indulgence	story, account, tale
Creamy	invigorating, revitalizing
Encounter	cold, frosty, cool
Narrative	satisfaction, gratification
Origin	dish, container
Lovingly	extraordinary, exceptional
Bowl	experience
Chilly	affectionately, fondly
Refreshing	smooth, velvety
Remarkable	beginning, start
Nourish	link, relationship
Connection	discover, investigate
Diversity	variety, range
Technique	tale, narrative
Story	method, skill
Explore	feed, sustain

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2. Make sentence for the given words.

Diversity \_\_\_\_\_



Connection \_\_\_\_\_

Remarkable \_\_\_\_\_

Narrative \_\_\_\_\_

### 3. Discuss questions with the group.

What's your favorite comfort food, and why does it hold a special place in your heart?

Can you recall a memorable meal you've had while traveling? What made it unforgettable?

How does food play a role in your cultural or family traditions?

Are there any dishes you've been curious to try but haven't had the chance yet? What are they?

Do you enjoy cooking? If so, what's your go-to dish to prepare?

What's the most unusual or exotic food you've ever tasted, and what was your experience like?

Have you ever had a food-related adventure, like foraging for wild ingredients or participating in a cooking class abroad?

Do you have any dietary restrictions or food preferences that influence your dining choices?

How do you think food brings people together, beyond just satisfying hunger?

Can you share a childhood food memory that still brings a smile to your face?

## UNIT 34



*World*

The world is a vast and varied place, brimming with endless marvels and breathtaking beauty. From the towering peaks of majestic mountains to the mysterious depths of the oceans, our planet is a sanctuary of life in all its forms. Across its continents and islands, people of myriad cultures, languages, and traditions make their homes, each adding a unique thread to the rich tapestry of humanity. As we navigate the journey of life, we are continually amazed by the wonders of nature that surround us—the cascading waterfalls, the vibrant rainforests, the serene deserts—all testaments to the awe-inspiring power of our planet. And as we delve into the annals of history, we uncover the stories of civilizations past, each leaving its mark on the world and shaping the course of human progress. Yet amidst this vast diversity, we find a common thread that binds us all together—the shared bonds of our humanity. Across continents and oceans, we are united by our dreams, our hopes, and our aspirations for a better future. Despite our differences, we are all custodians of this planet we call home, entrusted with the task of preserving its beauty and protecting its delicate balance. In the embrace of the world's wonders, we find solace, inspiration, and a profound sense of belonging. It is a place of infinite possibilities, where every corner holds a new adventure

and every moment offers a chance to learn and grow. As we journey through life, let us heed the call of the world, embracing its diversity, cherishing its treasures, and nurturing the bonds that unite us all.

**1. Synonym mapping. Match synonyms.**

Vast	extensive, huge
Endless	awe-inspiring, magnificent
Marvel	infinite, limitless, boundless
Breathtaking	wonder, miracle
Sanctuary	variety, range
Myriad	comfort, consolation, relief
Delve	explore, investigate
Diversity	countless, numerous
Bond	heartfelt, great
Solace	haven, refuge, retreat
Profound	connection, tie

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

**2. Replace underlined word with its synonym.**

The world is a vast and varied place, brimming with endless marvels and breathtaking beauty.

Across its continents and islands, people of myriad cultures, languages, and traditions make their homes, each adding a unique thread to the rich tapestry of humanity.

**3. Discuss questions with the group.**

What are some examples of the marvels and beauty mentioned in the text?

How does the text describe the diversity of people and cultures across the world?

What role does nature play in shaping our understanding of the world, according to the text?

Why does the text emphasize the importance of unity despite differences?

How does the text suggest we should approach our responsibility towards the planet?

What emotions or feelings does the text evoke when describing the world's wonders?

How does the text suggest we can find solace and inspiration in the world around us?

What message or theme do you think the author is trying to convey through the text?

Can you think of any personal experiences that resonate with the sentiments expressed in the text?

What are some ways we can actively engage with and appreciate the world's diversity and beauty in our daily lives?





### Work

Work is the essence of how we earn our keep and make our mark on the world. It's the effort we put into tasks, whether they involve physical exertion, like constructing buildings, or mental agility, like untangling complex problems. Wherever we find ourselves toiling away – be it in an office buzzing with activity, a factory humming with machinery, a serene farm, or a vibrant creative studio – work shapes our days and molds our identities in society. In the realm of work, we bring forth our skills and expertise, joining forces with others to achieve common objectives. Through our endeavors, we not only sustain ourselves but also contribute to the greater good, leaving lasting impacts on our communities and beyond. But work is more than just a means to put food on the table; it's about discovering purpose and satisfaction in our endeavors. It's about finding meaning in the tasks we undertake and the roles we play. With every challenge overcome and every goal achieved, work grants us a sense of fulfillment, propelling us forward with a purpose-driven zeal to make a positive difference in the world.

#### 1. synonym mapping. Match synonyms.

Work                      cognitive, intellectual, psychological

Earn	gain, acquire, obtain
Keep	peaceful, tranquil, calm
Effort	endeavor, attempt
Task	labor, employment, occupation
Exertion	dynamic, lively, energetic
Mental	assignment, duty
Toiling	maintenance
Buzzing	strain, effort
Serene	laboring, working hard, exerting effort
Vibrant	bustling, lively, active
Endeavor	efforts, undertakings
Impact	beneficial, constructive
Fulfillment	satisfaction, gratification
Positive	effect, influence

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

#### 2. Fill in the gap with synonyms from word bank.

Work is the essence of how we \_\_\_\_ our keep and make our mark on the world.

It's the \_\_\_\_ we put into tasks, whether they involve physical exertion.

Through our \_\_\_\_, we not only sustain ourselves but also contribute to the greater good, leaving lasting \_\_\_\_ on our communities and beyond.

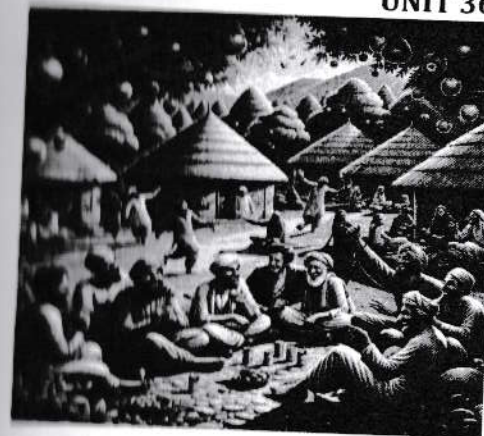
With every challenge overcome and every goal achieved, work grants us a sense of \_\_\_\_, propelling us forward with a purpose-driven zeal to make a positive difference in the world.

*Word Bank: fulfillment, effort, impacts, earn, endeavors.*

#### 3. Discuss question with the group.

What is described as the essence of how we interact with the world?

How is work defined in the text?



What are examples of tasks mentioned in the text?  
Describe the different environments where people might find themselves working.

How does work shape our identities according to the text?

Why is it mentioned that work is more than just a means to put food on the table?

What role do skills and expertise play in the realm of work?

How does the text describe the impact of our endeavors on communities?

Why is finding meaning in the tasks we undertake important?

What is the role of fulfillment in the context of work, according to the text?

In the tapestry of life, friends are the vibrant colors that paint our days with joy and warmth. They're the ones who lift us up when we're feeling down, who celebrate our successes as if they were their own. With them, every moment becomes a cherished memory, every obstacle a shared challenge to overcome. But friendship isn't just about the good times; it's also about being there when things get tough. True friends are the ones who stand by us during our darkest hours, offering a shoulder to lean on and a hand to hold. They're the ones who listen without judgment, who offer comfort without hesitation. In a world that often feels chaotic and uncertain, friends are the constants that anchor us. They remind us that we're never alone, that there's always someone who cares deeply about our well-being. With them by our side, we have the courage to face whatever challenges life throws our way. So let us cherish our friends, for they are the treasures that make life truly rich. Let us nurture these relationships with love and care, knowing that they are among the greatest gifts we'll ever receive. And let us never take for granted the blessing of true friendship, for it is a rare and precious thing indeed.



### 1.Synonym mapping. Match synonyms.

vibrant	present
cherish	hear, pay attention
lift	difficult, challenging
obstacle	black
tough	elevate, boost
dark	unpredictable, unsure
listen	love, adore
judgment	opinion, assessment
uncertain	challenge, barrier
constant	uncommon, scarce
courage	lively, energetic
relationship	connection, bond
gift	bravery, valor
rare	stability
precious	valuable, priceless

*Discussion: Discuss your answers with a partner. Did you find any words challenging to match?*

### 2.Replace underlined word with its synonym in exercise 1.

-In the tapestry of life, friends are the vibrant colors that paint our days with joy and warmth.

-With them, every moment becomes a cherished memory, every obstacle a shared challenge to overcome.

-They're the ones who listen without judgment, who offer comfort without hesitation.

### 3.Discuss questions with the group.

What qualities do you value most in a friend?

Can you share a memorable experience you've had with a friend?

How do you typically stay in touch with your friends?

What role do your friends play in supporting you during

tough times?

Have you ever had a disagreement with a friend? How did you resolve it?

What activities do you enjoy doing with your friends?

Do you have a best friend? What makes them special to you?

How do you think friendships evolve over time?

Have you made any new friends recently? How did you meet?

## CONCLUSION

Teaching synonyms as part of learning English serves several important purposes: Vocabulary Expansion: Introducing synonyms to English learners helps them build a broader vocabulary. Learning multiple words with similar meanings enhances their linguistic repertoire, enabling them to express themselves more precisely and creatively. Language Fluency: Teaching synonyms encourages learners to explore the nuances of language. By understanding the subtle differences between synonyms, they develop a deeper appreciation for the richness and complexity of English, ultimately improving their fluency and mastery of the language. Communication Skills: Knowing synonyms equips learners with the tools to communicate effectively in various contexts. They learn to select the most appropriate words based on tone, formality, and audience, enhancing their ability to convey their ideas accurately and convincingly. Reading and Comprehension: Exposure to synonyms aids in reading comprehension. When learners encounter unfamiliar words in texts, knowing synonyms helps them deduce meaning from context, thereby improving their overall understanding of written materials. Writing Proficiency: Teaching synonyms enhances learners' writing skills. By offering alternative words with similar meanings, instructors encourage students to vary their language and avoid repetitive or monotonous writing. This leads to more engaging and expressive compositions. Critical Thinking: Exploring synonyms requires learners to analyze words in context and consider their subtle shades of meaning. This fosters critical thinking skills as students evaluate the appropriateness and impact of different word choices in communication. Cultural Awareness: Teaching synonyms exposes learners to the cultural nuances of language. They discover how different words may carry distinct connotations or usage preferences in different English-speaking communities, thus fostering cultural sensitivity and awareness.

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## Answers Unit 1

### 1.

Park-Playground, green space, recreational area  
 Friend-Companion, buddy, pal  
 Smiled-Grinned, beamed, smirked  
 Meeting-Encounter, rendezvous, gathering  
 Said-Stated, uttered, expressed  
 Shook hands-Handshake, greeted warmly  
 Introduction-Meeting, encounter, greeting  
 Happy-Joyful, delighted, pleased

### 1.1.

Example sentence: Tom saw a new companion, Sam.  
 Example sentence: Sam beamed at Tom.  
 Example sentence: It was their first encounter.  
 Example sentence: Sam stated, "Hi, I am Sam!"  
 Example sentence: They greeted warmly.  
 Example sentence: It was a friendly unveiling.  
 Example sentence: Tom felt joyful to make a new friend.  
 Example sentence: He felt embraced.

2. Meeting-encounter, introduction-greeting, welcome-greeting.

## Unit 2

### 1.

Meet-Encounter, connect, come across  
 Ask-Inquire, query, seek information  
 Learn-Discover, understand, acquire knowledge  
 Backgrounds-Histories, origins, pasts  
 For example-For instance, such as, to illustrate  
 Small-Little, tiny, miniature  
 Town-Village, community, settlement  
 Mountains-Hills, peaks, ranges  
 Big-Large, huge, enormous  
 City-Metropolis, urban center, municipality

Near-Close to, nearby, adjacent to  
Ocean-Sea, deep, blue  
Friendly-Amiable, affable, congenial

**1.1.**

Example sentence: When people encounter for the first time...

Example sentence: They often inquire, "Where are you from?"

Example sentence: This question helps them discover more about each other's backgrounds.

Example sentence: Helps them learn about each other's origins.

Example sentence: Someone might say, "I come from a small town in the mountains", for instance.

Example sentence: "I am from a tiny town in the mountains".

Example sentence: "I come from a small village in the mountains".

Example sentence: "I am from a small town in the hills".

Example sentence: "I come from a large city near the ocean".

Example sentence: "I come from an urban center near the ocean".

Example sentence: "I come from a big city adjacent to the ocean".

Example sentence: "I come from a big city near the sea".

Example sentence: It's an amiable way to start a conversation.

**2.**

Meet-encounter  
Background-origin  
Mountains-hills

**Unit 3**

**1.**

Pet-animal, companion  
Dog-canine, pup

Small-tiny, little  
Soft-silky, fluffy  
Floppy-loose, dangling  
Wagging-swishing, flicking  
Play-frolic, engage  
Fetch-retrieve, collect  
Enjoy-like, relish  
Walk-stroll, amble  
Sleep-rest, slumber  
Love-adore, cherish

**1.1.**

Example:

"My Pet Dog I have a companion canine. His name is Buddy. Buddy is a tiny pup with silky fur. He has loose ears and a swishing tail. Buddy likes to frolic retrieve with a ball in the park. He also relishes going for strolls with me. Sometimes, he slumbers at the foot of my bed. I cherish my companion canine very much".

2. Buddy is a little dog with fluffy fur.

3. Original: Buddy likes to play fetch with a ball in the park.

Rewritten: Buddy enjoys playing fetch with a ball in the park.

Small-tiny

Enjoy-like

4. Words: Happy (Joyful), Run (Jog), Big (Large), Sleepy (Tired)

**Unit 4**

**1.**

grew up-was raised  
small-little  
hard work-effort  
helping each other out-assisting one another  
plants and animals-flora and fauna  
homework-schoolwork



happy-joyful  
great-wonderful  
focused on-concentrated on  
tricky-challenging

2.

Small - Little town  
Hard work - Effort  
Helping each other out - Assisting one another  
Plants and animals - Flora and fauna  
Homework - Schoolwork  
Happy - Joyful  
Great - Wonderful  
Focused on - Concentrated on  
Tricky - Challenging

3.

tiny  
joyful

### Unit 5

1.

marvelous  
concentrated  
challenging  
Enchantment  
Extraordinary  
Awesome  
Displaying  
Plan  
Thrilling

2.

Magic - Enchantment  
Super special - Extraordinary  
Cool - Awesome  
Showing off - Displaying  
Blueprint - Plan

Exciting - Thrilling  
Fun - Enjoyable  
Boring - Dull  
Recipe for fun - Formula for enjoyment

### Unit 6

1.

City: urban area, metropolis  
Tall buildings: skyscrapers, high-rise structures  
Lots of people: crowds, throngs  
Busy streets: bustling roads, lively thoroughfares  
Open spaces: vast expanses, wide areas  
Grass: greenery, vegetation  
Small towns: quaint villages, rural communities  
Hills: slopes, elevations  
Rivers: streams, waterways  
Forests: woodlands, groves  
Amazing: breathtaking, awe-inspiring  
Incredible: astonishing, remarkable

2.

Some cities are urban areas, with tall buildings and lots of people.

Other places are quieter, like the countryside.

There, you find open spaces with grass and small towns.

Nature is the best part, with hills, rivers, and forests to explore.

Then, there are amazing places all over the world.

They could be old buildings or beautiful natural sights. They show us how incredible our planet is.

Every place we visit teaches us new things. Whether it's a city or the countryside, each has its own story waiting to be discovered.

### Unit 7

1.

Conversing

- a. Speaking  
Resolving issues
- b. Problem-solving  
Organizing
- c. Keeping things in order  
Utilizing equipment
- d. Using tools  
Guiding
- e. Leading

2.

Expressing: Saying what we think and feel clearly.

Solving: Figuring out how to work through tricky things.

Organizing: Using time and tools to keep everything in order.

Utilizing: Knowing how to work with machines or computers.

Guiding: Helping others collaborate and work together as a team.

### Unit 8

1.

Back in the olden days - In the past

super cool - awesome

phones or computers - gadgets or devices

sending quick messages - texting or messaging

wrote letters - penned or composed letters

visit friends and family face-to-face - personally meet or see loved ones

Cars were much simpler - Automobiles were less complex

the roads were much quieter - streets were calmer or less noisy

playing outside - frolicking outdoors

families gathered around the radio - households assembled by the radio

Life moved at a slower pace - Things were more leisurely

special kind of happiness - unique joy or happiness

### Unit 9

1.

Pussy - Cat

Special - Unique

Famous - Well-known

Chat - Talk

Funny - Amusing

Jokes - Humor

Stories - Tales

Advice - Guidance

Secret - Hidden

Mission - Quest

### Unit 10

1.

Exploring - Finding

Going - Trying

Walking around - Moving

Meeting new people - Making friends

Finding new stuff - Discovering things

Talking to them - Chatting with them

Seeing - Looking

Feeling amazed - Being surprised

Slows down - Goes slower

Memories - Things you remember

2.

Discovering

Discovering

Encountering

Breathtaking

Experiencing

### Unit 11

1.

big - a. large



animals - b. creatures  
giant - c. enormous  
speak - d. communicate  
unique - e. distinct  
busy - f. bustling  
quiet - g. peaceful  
everywhere - h. all over  
roam - i. wander  
challenges - j. obstacles

## Unit 12

### 1.

Woke up - arose  
Eat - consume  
Tough - challenging  
Deal with - handle  
Take a break - pause  
Peaceful - tranquil  
Good - positive  
Start - commence  
Nice - pleasant  
Happy - content  
Tired - exhausted  
Busy - hectic  
Cozy - comfortable  
Grateful - appreciative

## Unit 13

### 1.

Busy-active  
Job-work  
Important-necessary  
Buzzing-lively  
Teamwork-cooperation  
Skill-ability

Solve-fix  
Challenges-difficulties  
Balancing-managing  
Growth-progress  
Success-achievement  
Effort-try  
Opportunities-chances

### 3.

Busy: Engaged in activity; having a lot to do.

Jobs: Tasks or activities that one is employed to perform.

Important: Having great significance or value; necessary or essential.

Buzzing: Vibrating with activity or excitement; full of energy.

Teamwork: The collaborative effort of a group to achieve a common goal.

Skills: Abilities or competencies gained through training or experience.

Solve: To find an answer, explanation, or solution to a problem or mystery.

Challenges: Difficulties or obstacles that require effort to overcome.

Balancing: Managing or maintaining stability between different aspects or priorities.

Growth: The process of developing or increasing in size, number, or complexity.

Success: The achievement of a desired outcome or goal.

## Unit 14

### 1.

Huge - enormous  
Amazing - breathtaking  
Ground - earth  
Make - create  
River - stream

Long - lengthy  
Deep - profound  
Rocks - stones  
Cool - impressive  
Walk - stroll  
Journey - travel  
Mule - donkey, pack animal  
Inside - inner part  
Great - fantastic  
Special - unique

### Unit 15

1.  
Clothes - outfits  
Style - trend  
Feeling - emotion  
Amazing - awesome  
Tell - say  
Shopping - buying  
Adventure - trip  
Love - like  
Wandering - strolling  
Fabrics - materials  
Exciting - thrilling  
Story - tale  
Cozy - snug  
Show - display  
Boring - dull

### Unit 16

1.  
Happen - Occur  
Learn - Explore  
Action - Activity  
Study - Learn about  
Understand - Realize

Guide - Lead  
Explored - Checked out  
2.

Past: The time that has already happened before the present; earlier times or old days.

Happened: To occur; to take place; to have occurred or taken place.

Learn: To acquire knowledge or skill through experience, study, or being taught; to find out, figure out, or pick up information.

Events: Things that have happened or occurrences; incidents or happenings.

Moments: Specific points in time; times or instances.

Actions: Things that are done or deeds; activities or behaviors.

Study: To examine closely or carefully; to learn about or look into.

Understand: To comprehend or grasp the meaning or significance of something; to get it, know, or see.

Shaped: To give form or character to; to change or influence the development of something; to have changed, formed, or made.

Evolved: To develop gradually over time; to change or grow; to have changed over time, grown, or developed.

Lessons: Things to be learned or teachings; messages or insights derived from experiences.

Guide: To lead or show the way; to help or assist in achieving something; to show, lead, or help.

Explored: To investigate or examine thoroughly; to look into or find out about.

Understood: To have comprehended or grasped the meaning of something; to have got it, known, or seen.



## Unit 17

### 1.

Health - Wellness  
Well-being - Good health  
Vitality - Energy, vigor  
Fitness - Physical health  
Exercise - Training, workout  
Strength - Endurance, power  
Happiness - Joy, contentment  
Satisfaction - Fulfillment, pleasure  
Cheerfulness - Delight, optimism

## Unit 18

### 1.

Traveling - Journeying  
Explore - Discover, investigate  
Connect - Link, unite  
Trip - Excursion, journey  
Distant - Remote, faraway  
Car - Automobile, vehicle  
Bus - Coach  
Train - Railway, locomotive  
Plane - Aircraft, airplane  
Boats - Ships, watercraft  
Benefit - Advantage  
Flexibility - Adaptability, versatility  
Affordable - Inexpensive  
Scenic - Picturesque, beautiful  
Breathtaking - Stunning  
Swiftly - Quickly, rapidly  
Serene - Tranquil, peaceful

## 19. Cooking eating

### 1.

Cooking - Culinary, food preparation  
Eating - Dining, consuming

Rituals - Traditions, customs, ceremonies

Connect - Bond, link, unite

Sense - Perception, sensation, feeling

Creating - Crafting, forming

Joy - Happiness, delight, pleasure

Comfort - Contentment, solace

Togetherness - Unity, camaraderie, closeness

Symphony - Harmony, orchestration, composition

Sound - Noise, tone, auditory sensation

Smell - Aroma, fragrance

Sizzle - Crackle, hiss, fry

Fragrant - Aromatic, perfumed, scented

Embrace - Envelop, encircle, encompass

Baking - Roasting, cooking

Transform - Change, convert, alter

Magical - Enchanting, mystical, wondrous

Culinary masterpieces - Gastronomic delights, culinary creations

Chop - Cut, slice, dice

Stir - Mix, blend, agitate

Gathering - Assembling, congregating, collecting

Celebration - Festivity, party

Reconnect - Reunite, reconvene

Create - Generate, produce, make

Lasting memories - Enduring memories, lifelong memories

Special occasion feast - Festive meal, celebratory banquet, grand feast

Breaking bread - Sharing a meal, dining together, eating together

Nourishes - Feeds, sustains, nurtures

Souls - Spirits, inner selves, beings

## Unit 20

### 1.

Wonders - Amazing things, marvels

Everywhere - All over, all around  
 Amazing - Awesome, fantastic  
 Captivating - Fascinating, interesting  
 Vibrant - Bright, colorful, lively  
 Unfolding - Happening, occurring  
 Snapshot - Quick look, glance  
 Tranquil - Peaceful, calm  
 Chaos - Mess, disorder, confusion  
 Simple - Easy, basic  
 Tapestry - Mix, blend, combination  
 Unique - Special  
 Ingenuity - Cleverness, smarts, inventiveness  
 Puzzle - Mystery, riddle, problem  
 Interconnectedness - Connection, link, relationship

2.

The world around us is like a treasure trove of wonders, just waiting to be [explored]. Everywhere we turn, there's something [amazing] to see, hear, or experience. Whether it's the [gentle rustle] of wind through the trees or the [vivid colors] of a sunset painting the sky, nature always has a way of [captivating] us with its beauty. Take a stroll through a bustling city street, and you'll encounter a [lively] tapestry of life unfolding before your eyes. From the hustle and bustle of busy commuters to the [colorful] displays in shop windows, each moment is a [snapshot] of the unique energy that defines urban living. But step away from the city, and you'll find yourself immersed in the [serene] beauty of the countryside. Here, rolling hills and meandering rivers offer a [peaceful] retreat from the chaos of everyday life. It's a place where time seems to [slow down], allowing us to appreciate the [simple pleasures] of nature. Yet, the world is not just about the landscapes we see—it's also about the [diverse] tapestry of cultures and traditions that make each place unique. From ancient customs passed down through generations to the latest innovations in technology, human [ingenuity] knows no bounds.

In every corner of the globe, there are people with [dreams] and [ambitions], each contributing their own piece to the [puzzle] of life. Whether it's a farmer tending to their crops or an artist creating a masterpiece, every individual plays a [crucial] role in shaping the world around us. And amidst the [variety], there is a profound sense of [connection] that binds us all together. We may come from different backgrounds and speak different languages, but we are [connected] by our shared humanity and our common desire for a better world. So let's take a moment to [pause] and appreciate the world around us—to marvel at its beauty, to celebrate its [range], and to cherish the moments we share with one another. For in the end, it's these moments that truly make life [exceptional].

## Unit 21

1.

Collaborate - work together, team up  
 Ability - skill, talent  
 Foundation - base, groundwork  
 Effort - work, endeavor  
 Support - help, assistance  
 Purpose - goal, aim  
 Transform - change, alter  
 Blueprints - plans, layouts  
 Reality - actuality, truth  
 Vision - idea, dream  
 Crucial - important, vital

2.

Working together is like constructing a building. Each person brings different tools and skills to the construction site. Some are expert craftsmen, others are skilled technicians, and some are talented plumbers. When we cooperate, we combine our abilities like bricks and mortar, strengthening the foundation of our teamwork. With each wall we raise and each roof beam we lay, we create a sturdy structure of shared effort



and mutual support. Just as every part of the building serves a purpose, each team member contributes their expertise to the project. Together, we turn blueprints into reality, turning a dream into a home. In the construction of collaboration, every hand plays a crucial role, building something greater than any one of us could achieve alone.

## Unit 22

1.

Traditions - Customs, practices, rituals  
 Customs - Traditions, habits, conventions  
 Values - Principles, beliefs, morals  
 Unique - Distinctive, individual, special  
 Celebrations - Festivities, observances, ceremonies  
 Creativity - Imagination, originality, inventiveness  
 Talent - Skill, ability, aptitude  
 Forms - Types, varieties, kinds  
 Paintings - Artworks, canvases, masterpieces  
 Dances - Performances, choreography, movements  
 Music - Melodies, tunes, compositions  
 Theater - Drama, acting, stagecraft  
 Understand - Comprehend, grasp, perceive  
 Humanity - Mankind, people, human race  
 Connected - Linked, related, associated  
 Exploring - Investigating, discovering, examining  
 Appreciate - Value, recognize, cherish  
 Differences - Disparities, distinctions, variations  
 Similarities - Resemblances, likenesses, parallels  
 Bridges - Connections, links, ties  
 Variety - Diversity, range, assortment

## Unit 23

1.

Bunny  
 Forest  
 Trail

Rodent  
 Journey  
 Timber  
 Finding

## Unit 24

1.

Time - duration, period  
 Rhythm - beat, cadence  
 Constant - steady, unchanging  
 Guide - lead, direct  
 Sunrise - dawn, daybreak  
 Sunset - dusk, nightfall  
 Ticking - clicking, pulsing  
 Clock - timepiece, watch  
 Turning - changing, shifting  
 Gently - softly, mildly  
 Nudging - prompting, pushing  
 Pace - speed, rhythm  
 Routine - habit, schedule  
 Unfold - progress, develop  
 Urging - encouraging, motivating  
 Slip - slide, glide  
 Whisper - murmur, speak softly  
 Appreciate - value  
 Story - tale, narrative

## Unit 25

1.

Inside	within, indoors, internal
Nestle	snuggle, tuck
Wall	barrier, partition, divider
Hug	embrace, enfold, clasp
Close	near, tight, intimate
World	realm, environment, domain
Know	familiarize, comprehend, understand

Air	atmosphere, breeze, aura
Hum	buzz, murmur, vibrate
Sound	noise, tone, resonance
Dreams	aspiration, desires
Alive	vibrant, active, thriving
Everyday	routine, daily, mundane
Hustle	bustle, activity, rush
Cozy	snug, comfortable, warm
Sense	feeling, perception, awareness
Belonging	acceptance, membership, inclusion
Homemade	home-cooked, handmade, artisanal
Meal	dish, cuisine, food
Bloom	flourish, thrive, blossom

### Unit 26

#### 1.

Ups and downs - Peaks and valleys, Highs and lows  
 Amazing - Astonishing, Incredible, Remarkable  
 Joy - Happiness, Delight, Pleasure  
 Success - Achievement, Triumph, Accomplishment  
 Low point - Bottom, Trough  
 Uncertain - Unsure, Doubtful, Indeterminate  
 Tough times - Difficult times, Hardship, Adversity  
 Inner strength - Resilience, Fortitude, Courage  
 Setback - Obstacle, Disappointment  
 Learn - Gain knowledge, Acquire understanding, Absorb information  
 Grow - Develop, Evolve, Mature  
 Resilient - Tough, Strong  
 Potential - Possibility, Capability, Potentiality  
 Inspire - Motivate, Encourage, Energize  
 Aim higher - Strive for more, Reach for the stars, Set loftier goals  
 Empathy - Understanding, Compassion, Sensitivity

Embrace - Welcome, Accept, Adopt  
 Adventure - Journey, Expedition, Quest  
 Possibilities - Opportunities, Potential, Options

### Unit 27

#### 1.

Changes - alterations, modifications, transformations  
 Challenges - obstacles, hurdles, trials  
 Twists - turns, curves, bends  
 Constant - continuous, unending, perpetual  
 Landscape - scenery, environment  
 Forms - types, varieties, kinds  
 Opportunities - chances, possibilities, prospects  
 Evolve - develop, progress, grow  
 Adapt - adjust, modify  
 Uncertain - unsure, doubtful  
 Flexibility - adaptability  
 Positive mindset - optimistic outlook, hopeful attitude, constructive perspective  
 Opportunity - possibility  
 Fulfillment - satisfaction, contentment, happiness

### Unit 28

#### 1.

Cozy - comfortable, snug  
 Nestled - nestled, tucked, snuggled  
 Mysterious - enigmatic, cryptic  
 Enticing - tempting, captivating  
 Enchanting - charming, bewitching, captivating  
 Perilous - dangerous, risky, hazardous  
 Quest - journey, adventure, expedition  
 Vanquish - defeat, conquer, overcome  
 Resilience - strength, toughness, durability  
 Victorious - triumphant, successful, winning  
 Banishing - expelling, ousting, eliminating  
 Enchanted - magical, bewitched, charmed



Linger - remain, stay, endure  
Inspire - motivate, encourage, stimulate

### **Unit 29**

#### **1.**

People - individuals, persons, humanity  
Humanity - humankind, mankind  
Tapestry - mosaic, fabric, composition  
Myriad - multitude, abundance, countless  
Narratives - stories, accounts, tales  
Aspirations - ambitions, goals, dreams  
Idiosyncrasies - quirks, peculiarities, eccentricities  
Symphony - harmony, orchestration, composition  
Architect - creator, designer, builder  
Bond - connection, tie, relationship  
Transcend - surpass, go beyond, exceed  
Obstacle - challenge, hurdle, impediment  
Empathy - understanding, compassion, sensitivity  
Fulfillment - satisfaction, contentment, completion

### **Unit 30**

#### **1.**

Traveling - journeying, touring  
Endless - infinite, boundless, unlimited  
Experience - adventure, escapade, encounter  
Discoveries - findings, revelations, breakthroughs  
Thrill - excitement, exhilaration, adventure  
Exploring - discovering  
Unfamiliar - unknown, strange, unfamiliar  
Exotic - foreign, tropical, unfamiliar  
Serene - peaceful, calm, tranquil  
Bustling - lively, busy, bustling  
Vibrant - lively, dynamic, colorful  
Adventure - excitement, thrill, exploration  
Chance - opportunity, possibility, likelihood  
Family vacation - family trip, holiday with relatives

Comfort zone - familiar territory, routine, safety net  
Unexpected - surprising, unforeseen, unpredictable  
Change - transformation, alteration, modification  
Embark - commence, begin, launch  
Wonder - marvel, miracle, phenomena  
Explore - discover, investigate  
Destination - location, place, destination

### **Unit 31**

Adventure - Journey, exploration, expedition  
Acquire - Obtain, gain  
Knowledge - Understanding, comprehension  
Skill - Ability, talent  
Wisdom - Insight, sagacity  
Embark - take up, commence  
Expansive - extensive  
Discovery - Finding, learning  
Enlightening - Illuminating  
Craft - Art, skill  
Driving force - Motivation, impetus, catalyst  
Propelling - Driving, pushing  
Insatiable - Unquenchable  
Curiosity - Inquisitiveness, interest  
Personal growth - Self-improvement, development, maturation  
Enlightenment - Awareness, insight, illumination  
Embrace - Welcome, accept  
Delight - Joy, happiness  
Infinite - Endless, limitless  
Unlock - Open, unbolt

### **Unit 32**

#### **1.**

Body - Form, figure  
Mind - Brain, intellect  
Distinct - Different, separate

Tangible - Real, touchable  
Vessel - Container, holder  
Wondrous - Amazing, marvelous  
Assembly - Gathering, meeting  
Sustain - Support, help, assist  
Complexity - Complication, difficulty  
Agility - Quickness, rapidity  
Engage - Involve, participate  
Encapsulate - sum up, summarize  
Intellect - Brainpower, intelligence  
Creativity - Imagination, innovation  
Aspiration - Hope, desire  
Potential - Possibility, capability  
Fulfillment - Satisfaction, happiness

### Unit 33

#### 1.

Food - nourishment  
Celebration - festivity  
Flavor - taste  
Culture - tradition, custom  
Globe - world, planet  
Simplicity - plainness, clearness  
Crispy - crisp, brittle  
Fries - chips  
Indulgence - satisfaction, gratification  
Creamy - smooth, velvety  
Encounter - experience  
Narrative - story, account, tale  
Origin - beginning, start  
Lovingly - affectionately, fondly  
Bowl - dish, container  
Chilly - cold, frosty, cool  
Refreshing - invigorating, revitalizing  
Remarkable - extraordinary, exceptional

Nourish - feed, sustain  
Connection - link, relationship  
Diversity - variety, range  
Techniques - methods, skills, procedures, approaches  
Story - tale, narrative  
Explore - discover, investigate

### Unit 34

#### 1.

Vast - extensive, huge  
Endless - infinite, limitless, boundless  
Marvel - wonder, miracle  
Breathtaking - awe-inspiring, magnificent  
Sanctuary - haven, refuge, retreat  
Myriad - countless, numerous  
Delve - explore, investigate  
Diversity - variety, range  
Bond - connection, tie  
Solace - comfort, consolation, relief  
Profound - heartfelt, great

### Unit 35

#### 1.

Work - labor, employment, occupation  
Earn - gain, acquire, obtain  
Keep - maintenance  
Effort - endeavor, attempt  
Task - assignment, duty  
Exertion - strain, effort  
Mental - cognitive, intellectual, psychological  
Toiling - laboring, working hard, exerting effort  
Buzzing - bustling, lively, active  
Serene - peaceful, tranquil, calm  
Vibrant - dynamic, lively, energetic  
Endeavor - efforts, undertakings  
Impact - effect, influence



Fulfillment - satisfaction, gratification  
Positive - beneficial, constructive

### **Unit 36**

**1.**

Vibrant - lively, energetic

Cherish – love, adore

Lift - elevate, boost

Obstacle - challenge, barrier

Tough - difficult, challenging

Dark - black

Listen - hear, pay attention

Judgment - opinion, assessment

Uncertain - unpredictable, unsure

Constant - stability

Courage - bravery, valor

Relationship - connection, bond

Gift - present

Rar

### **QAYDLAR UCHUN**

N.T.Baltayeva

# XORIJIY TIL

*O'quv qo'llanma*

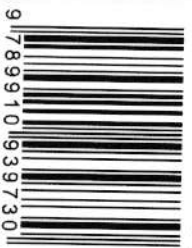
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